



# 2023 Strong City Statesmen



**Owner:** Eric Sheffler **GM:** Carlton Fisk **Asst GM:** CJ Sheffler **Field Manager:** Rich Dauer **Pitching Coach:** Keith Atherton  
**Hitting Coach:** Dave Winfield **Bench Coach:** John 'Duke' Wathan **1st Base:** Ray Lankford **3rd Base:** Wally Joyner

#	PLAYER	AGE	MLB	B	CG SHIFT	MG SHIFT	SPD	ARM	FIELDING (PB/TH)	SSN	SBA LEFT	REMAINING GP	PA	J	ACQUIRED
28	Arenado, Nolan <sup>c</sup>	32	STL	R	-1/-1	SA-0	10	33	3B5	25	8	148	620	1	17 trade RIV
56	Arozarena, Randy	28	TBR	R	+6/-3	SA-2	15	31	CF3	28	44	153	645	1	21 draft (1st)
11	Bichette, Bo	25	TOR	R	-3/-1	SA-0	15	33	SS8	24	21	159	697	0	20 draft (1st)
2	Castellanos, Nick	31	PHI	R	0/-2	SA-1	9	31	OF1	34	8	136	558	2	22 trade HOB
41	Contreras, Willson	31	CHC	R	-1/-1	SA-0	7	32	C8 (2/+2)	26	6	113	487	2	23 trade MUN
1	Dubon, Mauricio	29	HOU	R	+7/-6	SA-3	17	32	CF2, SS8, 2B7, 3B3	16	5	104	265	3	21 draft (2nd)
26	Frazier, Adam	31	SEA	L	-4/0	SA-2	15	31	2B9, CF2, SS7	25	17	156	602	1	19 trade NW
35	<i>Gallagher, Cam</i>	30	<i>KCR</i>	<i>R</i>	<i>0/-2</i>	<i>SA-1</i>	<i>6</i>	<i>33</i>	<i>C7 (2/+1)</i>	<i>N</i>	<i>0</i>	<i>---</i>	<i>47</i>	<i>4</i>	<i>23 waiver</i>
27	Guerrero, Vlad Jr.	24	TOR	R	-5/0	SA-0	6	32	1B4, 3B3	28	11	160	706	0	20 draft (1st)
10	Gurriel, Yulieski	39	HOU	R	+1/-3	SA-2	8	34	1B5	35	8	146	584	1	20 trade MID
17	Hedges, Austin	30	CLE	R	+1/-2	SA-1	6	32	C9 (1/-2)	36	2	105	338	3	22 trade IND
23	<i>Mondesi, A. (XC)</i>	27	<i>KCR</i>	<i>B</i>	<i>-4/+1</i>	<i>SA-0</i>	<i>17</i>	<i>34</i>	<i>SS8</i>	<i>35</i>	<i>5</i>	<i>---</i>	<i>54</i>	<i>4</i>	<i>20 trade MLR</i>
2	<i>Madrigal, Nick</i>	27	<i>CHC</i>	<i>R</i>	<i>-3/0</i>	<i>SA-0</i>	<i>15</i>	<i>30</i>	<i>2B8</i>	<i>29</i>	<i>4</i>	<i>59</i>	<i>228</i>	<i>4</i>	<i>23 trade RIV</i>
25	Newman, Kevin	29	PIT	R	+6/-6	SA-3	16	33	2B8, SS7	31	10	78	309	3	19 draft (6th)
6	Peralta, David	35	TBR	L	-14/+1	PR-5	13	32	OF3	11	4	134	490	2	20 trade WAR
42	Santana, Carlos	37	SEA	B	+4/-3	PB-0	6	33	1B4, OF1	N	0	131	506	2	23 trade BRO

<sup>c</sup> = Team Captains

CF = CF eligible

#	PITCHER	AGE	MLB	TH	START GRADE	RELIEF GRADE	CTL	HRA	FATIGUE ST	REL	D	WP	HB	BK	MF	LEFT: ST	RIP	J	ACQUIRED	
40	Bassitt, Chris	34	NYM	R	11 Y		+16	+14	25		2	2			0	30		3	22 trade NW	
31	Boxberger, Brad	35	MIL	R		14* X	-26	+22		6	1	0		0	0		64.0	0	22 trade RIV	
59	Carrasco, Carlos <sup>c</sup>	36	NYM	R	6 Y		+22	+13	23		2	2		0	0	29		3	14 draft (6th)	
33	Cishek, Steve	36	WAS	R		11* X	-22	-22		6	2	3		0	1		66.3	1	23 trade RIV	
48	Clase, Emmanuel	25	CLE	R		22* XY	+44	+44		6	2	3		0	0		72.7	0	20 draft (3rd)	
52	<i>Farmer, Buck</i>	32	<i>CIN</i>	<i>R</i>		<i>13* X</i>	<i>-56</i>	<i>+45</i>		<i>7</i>	<i>2</i>	<i>3</i>		<i>0</i>	<i>2</i>		<i>47.0</i>	<i>3</i>	<i>23 trade MUN</i>	
89	Houck, Tanner	27	BOS	R		12* Y	+11	+43	17	8	1	3		0	0	4	60.0	3	21 trade IND	
49	Howard, Spencer	26	TEX	R	1		0	-62	27		2	2			0	8	3.7	4	23 trade MUN	
43	<i>Loaisiga, Jonathan</i>	29	<i>NYM</i>	<i>R</i>		<i>9*</i>	<i>-16</i>	<i>+35</i>		<i>6</i>	<i>2</i>	<i>0</i>	<i>0</i>	<i>0</i>	<i>0</i>		<i>48.0</i>	<i>2</i>	<i>22 trade NW</i>	
39	Lopez, Reynaldo	29	CHW	R		12* X	+36	+61		6	2	3		0	0		65.3	2	23 trade RIV	
36	<i>Misiewicz, Anthony</i>	28	<i>KCR</i>	<i>L</i>		<i>8* Y</i>	<i>+15</i>	<i>-14</i>		<i>6</i>	<i>2</i>	<i>3</i>	<i>0</i>	<i>0</i>	<i>1</i>		<i>29.0</i>	<i>3</i>	<i>23 waiver</i>	
50	Morton, Charlie	39	ATL	R	9 X		-15	-22	25		1	2		0	0	31		3	23 trade MLR	
0	Ottavino, Adam	37	NYM	R		16* XY	+25	+21		6	1	3		0	0		65.7		23 trade NW	
51	Smith, Will M.	34	HOU	L		8* X	-14	-15		6	2	3			1		59.0	1	20 trade GC	
62	<i>Trivino, Lou (I)</i>	32	<i>NYM</i>	<i>R</i>		<i>3* X</i>	<i>-16</i>	<i>+16</i>		<i>6</i>	<i>1</i>	<i>3</i>		<i>0</i>	<i>1</i>		<i>76.7</i>	<i>1</i>	<i>21 trade KNX</i>	
45	<i>Wheeler, Zack</i>	32	<i>PHI</i>	<i>R</i>	<i>13 X</i>		<i>+25</i>	<i>+23</i>	<i>23</i>		<i>2</i>	<i>1</i>			<i>1</i>	<i>26</i>		<i>3</i>	<i>20 trade WAR</i>	
46	Yarbrough, Ryan (I)	31	TBR	L	6	3*	+22	-14	22	18	1	3		0	1	9	69.7	4	23 trade BRO	
85	Zimmermann, B. (I)	28	BAL	R	1		+41	-56	28		1	1		0	0	25		4	23 trade MAR	
57	<i>Canning, Griffin</i>	27				<i>NO</i>														<i>22 trade CAY</i>
15	<i>Pomeranz, Drew</i>	33				<i>NO</i>														<i>19 trade NBO</i>

MINORS IN FADED ITALICS

(I) = Innocuous (Yarbrough innoc in relief only - Howard eligible but not being labeled innoc)

PRE-SEASON CUTS: T. Antone (U), T. Bauer (U), L. Jackson (U), K. Middleton(XC), S. Patton(XC), M. Pineda (XC), K. Plawecki, P. Valdez (XC)

WAIVER DRAFT: *Acquired Cam Gallagher, Anthony Misiewicz*

*Cut Mark Melancon, Evan White (U)*

MID-SEASON TRADES:

**2023 Outlook:** Good offense and defense with moderate pitching. If we are lucky, maybe we will win a wild card spot though I will be placing no bets in Las Vegas for that to happen.



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Vs RHP Computer			Vs LHP Computer			Vs RHP Boards			Vs. LHP Boards		
1	CONTRERAS	2	1	CONTRERAS	2	1	PERALTA	9	1	SANTANA	9
2	AROZARENA	8	2	AROZARENA	8	2	BICHETTE	6	2	NEWMAN	4
3	GUERRERO	0	3	GUERRERO	0	3	ARENADO	5	3	AROZARENA	8
4	ARENADO	5	4	ARENADO	5	4	GUERRERO	0	4	BICHETTE	6
5	BICHETTE	6	5	BICHETTE	6	5	AROZARENA	8	5	GUERRERO	0
6	PERALTA	9	6	SANTANA	9	6	CONTRERAS	2	6	GURRIEL	3
7	GURRIEL	3	7	CASTELLANOS	7	7	CASTELLANOS	7	7	CASTELLANOS	7
8	CASTELLANOS	7	8	GURRIEL	3	8	GURRIEL	3	8	DUBON	5
9	FRAZIER	4	9	NEWMAN	4	9	FRAZIER	4	9	HEDGES	2

## **STRATEGY/ROLES CHART BY PLAYER**

<i>PLAYER</i>	<i>ROLE(S)</i>	<i>WHEN TO REMOVE</i>	<i>USE OFF OF BENCH</i>
Arenado	Starting 3B	NEVER	NEVER
Arozarena	Starting CF	NEVER	NEVER
Bichette	Starting SS	NEVER	NEVER
Castellanos	Starting LF	Defensively, 7 <sup>th</sup> on, STM leading if replacement available	NEVER
Contreras	Starting C	NEVER	If Hedges injured / ejected from game
Dubon	Utility Bench Piece	NEVER	See Castellanos, Peralta, & Santana
Frazier	Platoon 2B	Fairly straight up platoon with Newman	See Newman
<i>Gallagher</i>	<i>Reserve C</i>	NEVER	NEVER
Guerrero	Starting DH	NEVER	NEVER
Gurriel	Starting 1B	NEVER	NEVER
Hedges	Back up C	NEVER	If Contreras injured / ejected from game
<i>Madrigal</i>	<i>Bench piece</i>	NEVER	<i>Can PR/PH if called for</i>
<i>Mondesi</i>	<i>Minors</i>	<i>More detailed instructions to follow if up in majors</i>	<i>More to follow</i>
Newman	Platoon 2B	Fairly straight up platoon with Frazier	See Frazier
Peralta	Starting RF	Facing tough LHP, STM -2 to tied, 7 <sup>th</sup> on, Dubon available/OF	NEVER
Santana	Bench, 4 <sup>th</sup> OF	Defensively, 7 <sup>th</sup> on, STM leading if replacement available	Main PH

## **OFFENSIVE STRATEGY**

### **STEAL: Strategy #1**

- 1) Arozarena, Bichette, and Frazier can steal 2<sup>nd</sup> OR 3<sup>rd</sup> from the 3<sup>rd</sup> inning on when Adams Tables eligible and score is STM +2/-2. They steal home from 7<sup>th</sup> on when Adams Tables eligible if lead run & 2 outs.
- 2) Anyone else within the same parameters as above but only from 7<sup>th</sup> on.

### **HIT & RUN: Strategy #2**

- 1) Dubon, Frazier, Gurriel, Madrigal, and Newman H&R with a runner on 1st who is not eligible to steal in Strategy #1 above and has an adjusted SSN of 20 or more who is NOT slow
- 2) Do not H&R with runners on 1st & 3rd
- 3) **Computer players** - if there are 2 outs, H&R only if Castellanos, Gurriel, Mondesi, or Newman are on 1st

### **SACRIFICE: Strategy #3**

- 1) Dubon, Gallagher, Hedges, and Mondesi will sacrifice with runner(s) on 2<sup>nd</sup> OR 1<sup>st</sup> and 2<sup>nd</sup> in the 5<sup>th</sup> or later, 0 outs

**PINCH HITTING or RUNNING:** Not a lot to be done here but see Strategy/Roles chart above.

### **RUNNER ADVANCEMENT:**

- 1) Always go if chance is 24+ for home and 30+ for 3B. Otherwise, use Adams Tables.
- 2) **Computer game** - use the standards for advancement that you use for your team.



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## **DEFENSIVE STRATEGY**

**DEFENSIVE REPLACEMENTS:** See Strategy/Roles chart above. For injuries, use your best judgment.

**HOLD / DON'T HOLD RUNNER:** Always hold.

### **INFIELD IN:**

- 1) Runner on 3rd only: 0 or 1 out, 4th inning or later, STM +1 to -2,
- 2) Runners on 1st and 3rd: 6th inning or later, 0 out, STM +1 to -2,
- 3) 2nd & 3rd OR Bases Full: only if winning run at 3rd, 9th inning or later, 0 or 1 out.  
**EXCEPTION** – with 1 out, Bases Full, play deep if batter has 3 or more 24s.

### **OUTFIELD THROWS:**

- 1) Throw for lead runner if < 33 chances otherwise hold trailing runners.
- 2) In 6th inning or later, hold trailing runner if they are tying run UNLESS lead runner has <16 chances.
- 3) **Computer game** – based on the game situation, use standards for throws that you use for your team.

**INTENTIONAL WALKS:** If lead run is in scoring position after 4th inning & 1B open, issue free pass with:

- 1) 1 out - to set up the double play unless on-deck hitter is superior to player to be walked,
- 2) 2 out - to get to a much more inferior hitter,
- 3) NEVER walk the bases full.

**PITCH FROM THE STRETCH:** Runner on 3rd, 5th inning or later, 2 outs, STM +1 to -1, and adjusted SSN > 10.

## **MANAGING THE PITCHING STAFF**

**STARTERS:** The six guidelines to follow for the starters are:

- 1) No starter pitches over 10.7 innings
- 2) Do not remove if pitching a shutout (*except for those listed in #6 below*)
- 3) No starter leaves before the 5<sup>th</sup> unless forced out by runs (*except those listed in #6 below*)
- 4) No starter pitches after being fatigued if the game is within 2 runs from the 6<sup>th</sup> on
- 5) Any starter should be replaced from the 6<sup>th</sup> on if they put the tying/lead run on base
- 6) Howard, Zimmermann, and Yarbrough will be used as Openers.
  - a. Openers pitch the first 2 innings OR relieve them immediately if they give up 3 runs before the 3<sup>rd</sup> inning
  - b. From the 3<sup>rd</sup> inning on with STM -4 to +4, relieve them the next instance the allow a run OR a runner into scoring position

### **BULLPEN:**

1. **Clase** closes
2. **Ottavino** sets up. **Lopez** can also set up on the boards if it makes sense with his +/+ peripherals and RH Shift
3. **Trivino and Yarbrough** are the junk time pitchers. They are usually first in to replace the Openers. Yarbrough can be a LOOGY later in game if Smith/Misiewicz already used
4. **Smith and Misiewicz** are the main lefties and will most likely not be up at the same time. They are usually the 2<sup>nd</sup> relievers in the game when Openers start unless STM tied or ahead
5. **Anyone else** can be used at any time it makes the best sense
6. **Reliever limits:** Trivino & Yarbrough can go as long as makes sense per outing based on game situations. Note that Yarbrough has a relief fatigue of 18. Farmer can go up to 1.0, all others up to 1.7.
7. **BLOWOUTS:** Use Trivino or Yarbrough hard then everyone else is available to be used evenly in short spurts

**END NOTES:** We will play the computer at home. I will send out specific instructions for each road series. Please do not use a computer manager for me. No need for scripts from computer managers, just the stats for both teams.



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STATESMEN 2023 ROTATION																		
A P R I L	1 - 4 (5)	@WHT	1	2	3	4				A U G	1 - 4	ZIO	6	1	2	3		
	6 - 8 (9)	@RIV	5	1	2						5 - 8 (9)	COL	4	6	1	2		
	10 - 13	@BH	3	4	5	1					10 - 13	MAR	3	4	6	1		
	14 - 17 (18)	NW	2	3	4	5					14 - 17	@LV	2	3	4	6		
	19 - 23 (24)	HOB	1	2	3	4	5				18 - 21 (22)	@RCK	1	2	3	4		
M A Y	1 - 5	@RYE	8	1	2	3	5			S E P T	(1 & 2) 3 - 5	@WHT			5	1	2	
	6 - 9 (10)	@MID	6	1	2	3					6 - 9	@RIV	3	4	5	1		
	11 - 14	CAY	5	6	1	2					10 - 12 (13)	@BH	2	3	4			
	15 - 18 (19)	MUN	3	5	6	1					14 - 17	RYE	5	1	2	3		
	20 - 23	WAR	2	3	5	6					18 - 22 (23)	MID	4	5	1	2	3	
J U N E	1 - 4 (5)	RIV	1	2	3	4				O C T	1 - 4* (5)	KNX	7	5	2	1*	4*	
	6 - 8	BH	8	1	2						6 - 9	NBO	7	5	2	1		
	9 - 11	WHT	3	4	8						10 - 13 (14)	@IND	4	7	5	2		
	12 - 16 (17)	@MAR	1	2	3	4	8				15 - 18	@BRO	1	4	7	5		
	18 - 21	@KNX	1	2	3	4					19 - 23	@GC	2	1	4	7	5	
J U L Y	1 - 5	BRO	5	1	2	3	4			N O V	(1) 2 - 6	@NW		3	1	7	4	5
	6 - 9 (10)	@KAN	5	1	2	3					7 - 10	@HOB	3	1	7	4		
	11 - 14	@HUD	4	5	1	2					11 - 13 (14)	RIV	5	3	2			
	15 - 18	@MLR	3	4	5	1					15 - 18	BH	7	4	3	1		
	19 - 22 (23)	GC	2	3	4	5					19 - 22 (23)	WHT	5	7	2	3		
1	MORTON	3	CARRASCO	5	ZIMMERMANN	7	YARBROUGH											
2	BASSITT	4	WHEELER	6	HOWARD	8	HOUCK											

# \* = DOUBLE  
HEADER IN OCT