| Albert Almora | 26 | CHN | R | SA-0 | -6/+1 | 13 | 33 | OF-3 |  |  | 2 | 1 | 26 | 3 | 130 | 367 | 2 | 17 trade MID |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Javier Baez | 27 | CHN | R | PL-2 | +4/-2 | 17 | 33 | 2b-8,SS-9, 3B-4, 1B-2 |  |  | 1 | 2 | 24 | 18 | 138 | 561 | 2 | 15 draft $1^{\text {st }}$ |
| Josh Bell | 27 | PIT | B | PB-0 | -9/+2 | 7 | 31 | 1B-3 |  |  | 2 | 1 | 14 | 1 | 143 | 613 | 1 | 17 draft $1^{\text {st }}$ |
| Nick Castellanos | 28 | CHN | R | SA-4 | +11/-4 | 9 | 31 | OF-1 |  |  | 2 | 1 | 20 | 4 | 151 | 664 | 1 | 15 draft 1st |
| Starlin Castro | 30 | MIA | R | SA-2 | +5/-3 | 11 | 35 | 2B-7, 3B-4, SS-7 |  |  | 2 | 3 | 20 | 4 | 162 | unl | 0 | 14 trade MAR |
| David Dahl | 26 | COL | L | SA-0 | +1/-2 | 15 | 33 | OF-2 |  |  | 2 | 0 | 20 | 8 | 100 | 413 | 3 | 17 draft $1^{\text {st }}$ |
| Travis d'Arnaud | 31 | TB | R | SA-2 | +4/-5 | 10 | 33 | C-8, 1B-3 | 2 | -1 | 2 | 0 | 14 | 1 | 103 | 391 | 3 | 14 draft $1^{\text {st }}$ |
| Freddy Galvis | 30 | CIN | B | SA-0 | -1/-1 | 11 | 34 | SS-9, 2B-8 |  |  | 2 | 1 | 26 | 6 | 147 | 590 | 1 | 16 trade MAR |
| Aaron Judge | 28 | NYA | R | SA-3 | +8/-5 | 11 | 36 | OF-3 |  |  | 1 | 2 | 24 | 5 | 102 | 450 | 3 | 17 draft $3^{\text {rd }}$ |
| Francisco Lindor | 26 | CLE | B | SA-0 | -4/0 | 17 | 34 | SS-9 |  |  | 2 | 2 | 31 | 27 | 143 | 663 | 1 | 16 draft $1^{\text {st }}$ |
| Jake Marisnick | 29 | HOU | R | SA-1 | -1/-1 | 15 | 35 | OF-3 |  |  | 1 | 1 | 30 | 13 | 120 | 318 | 2 | 14 draft $3^{\text {rd }}$ |
| James McCann | 30 | CHIA | R | SA-2 | +3/-3 | 7 | 32 | C-8 | 1 | +1 | 1 | 1 | 31 | 5 | 118 | 477 | 2 | 16 draft $1^{\text {st }}$ |
| Josh Naylor | 23 | SD | L | SA-1 | -2/-1 | 6 | 30 | OF-1 |  |  | 1 | 0 | 20 | 2 | 94 | 280 | 3 | 20 draft $6^{\text {th }}$ |
| Renato Nunez | 26 | BLT | R | SA-1 | +1/-3 | 6 | 31 | 1B-2, 3B-3, OF-1 |  |  | 1 | 0 | 20 | 2 | 151 | 600 | 1 | 19 draft $4^{\text {th }}$ |
| Steve Piscotty | 29 | OAK | R | SA-4 | +12/-5 | 14 | 34 | OF-2 |  |  | 1 | 3 | 31 | 2 | 93 | 393 | 3 | 16 draft $2^{\text {nd }}$ |
| Josh Reddick | 33 | HOU | L | SA-0 | +3/-3 | 13 | 36 | OF-3 |  |  | 2 | 1 | 28 | 7 | 141 | 548 | 1 | 12 draft $2^{\text {nd }}$ |
| Austin Romine | 31 | NYA | R | SA-2 | +3/-3 | 6 | 33 | C-8 | 2 | -1 | 2 | 2 | 20 | 2 | 73 | 240 | 3 | 18 trade RYE |
| Donovan Solano | 32 | SF | R | SA-1 | 0/-3 | 11 | 33 | 2B-8, SS-7, 3B-3 |  |  | 2 | 2 | 14 | 1 | 81 | 228 | 3 | 20 draft 5th |


| PITCHER | Age | MLB Team | $\underline{\text { Th }}$ | Start Grade | Relief Grade | CtI | HR | $\begin{array}{\|c\|} \mathrm{St} \\ \mathrm{Ftg} \end{array}$ | Rel Ftg | WP | BK | HB | MF | Fldg |  | Rel IP | J | Acquired |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Shane Bieber | 25 | CLE | R | 13X |  | +34 | +11 | 26 |  | 2 |  |  | +1 | 2 | 33 | 2 | 2 | 19 draft $1^{\text {st }}$ |
| Luis Castillo | 27 | CIN | R | 15X |  | -31 | +21 | 24 |  | 2 |  |  | 0 | 2 | 32 |  | 3 | 18 draft $1^{\text {st }}$ |
| Yonny Chirinos | 26 | TB | R | 13Y | 9Y | +32 | -15 | 23 | 17* | 2 |  |  | +2 | 1 | 18 | 29 | 4 | 19 draft $2^{\text {nd }}$ |
| Kenta Maeda | 32 | LAN | R | 13X | 13X | 0 | 0 | 22 | 8* | 1 | 0 |  | 0 | 1 | 26 | 17 | 2 | 17 draft $2^{\text {nd }}$ |
| Brad Peacock | 32 | HOU | R | 12Y |  | +11 | -11 | 22 | 8* | 1 |  |  | 0 | 1 | 15 | 11 | 4 | 18 draft $2^{\text {nd }}$ |
| Dan Ponce de Leon | 28 | StL | R | 15X |  | -44 | +16 | 24 | 13* | 3 | 0 |  | +2 | 2 | 8 | 14 | 4 | 20 draft $4^{\text {th }}$ |
| Trevor Richards | 27 | TB | R | 10Y |  | -14 | +13 | 23 | 9* | 2 | 0 |  | +3 | 1 | 23 | 12 | 3 | 19 draft $2^{\text {nd }}$ |
| Dereck Rodriguez | 28 | SF | R | 4 |  | -11 | -24 | 26 |  | 1 | 0 |  | 0 | 2 | 16 | 21 | 4 | 19 draft $2^{\text {nd }}$ |
| Archie Bradley | 27 | ARZ | R |  | 12X | -36 | +42 |  | 7* | 0 | 0 |  | 0 | 1 |  | 71 | 1 | 16 draft $4^{\text {th2 }}$ |
| Aaron Bummer | 26 | CHIA | L |  | 21Y | -12 | +43 |  | 7* | 3 | 0 |  | 0 | 1 |  | 68 | 2 | 20 draft $2^{\text {nd }}$ |
| Yonny Chirinos | 26 | TB | R |  | 9Y | +32 | -15 |  | 17* | 2 | 0 |  | +2 | 1 |  | 29 | 4 | 19 draft $2^{\text {nd }}$ |
| Blaine Hardy | 33 | ATL | L |  | 11 | +15 | -31 |  | 7* | 3 | 0 | 0 | +3 | 1 |  | 44 |  | 19 draft $5^{\text {th }}$ |
| Liam Hendriks | 31 | OAK | R |  | 19K | +33 | +43 |  | 6* | 3 | 0 |  | +1 | 2 |  | 86 | 0 | 20 draft $1^{\text {st }}$ |
| Elvis Luciano | 20 | TOR | R |  | 7 | -62 | +26 |  | 8* | 3 | 0 |  | 0 | 1 |  | 34 | 4 | 20 draft $8^{\text {th }}$ |
| Andres Munoz | 21 | SD | R |  | 15XY | -43 | +33 |  | 6* | 3 |  | 0 | 0 | 1 |  | 23 | 4 | 20 draft $3^{\text {rd }}$ |
| Connor Sadzeck | 28 | SEA | R |  | 18X | -62 | +23 |  | 7* | 3 | 0 |  | +1 | 1 |  | 24 | 4 | 20 draft $7^{\text {th }}$ |
| Justin Shafer | 27 | TOR | R |  | 11Y | -45 | +14 |  | 7* | 2 | 0 |  | 0 | 1 |  | 40 | 3 | 20 draft 9th |
| Carlos Rodon | 26 | CHIA | L |  |  | U | N | C |  |  | D | E | D |  |  |  |  |  |

Released Players: carded: Matt Grace, Jeremy Jeffress, Sam Travis
uncarded: Greg Bird, J T Chargois, Sam Freeman, Jeremy Hellickson, Austin Pruitt, Cody Reed, Ryan Tepera

Inactive to start the year: Almora, Galvis, Luciano, Naylor, Nunez, Peacock, Piscotty, Rodriguez, Sadzek
game of choice: board game. Computer managers please do not use micro-manager and send game sheets for each series.

## Lineups

The following lineups are for emergency use only. The first week of the month, I will be sending out lineups, active roster with usage remaining for the season. Please email me (jollyroo28@gmail.com) or call (717-808-8951) if you don't have instructions by then.

## V RHP (board/computer)

| Lindor | SS |
| :--- | :--- |
| Dahl | CF |
| Bell | 1B |
| Judge | LF |
| Castellanos | DH |
| Baez | 2B |
| McCann | C |
| Reddick | RF |
| Castro | 3B |

V LHP (board/computer)

| Lindor | SS |
| :--- | :--- |
| Dahl | CF |
| Castellanos | DH |
| Judge | LF |
| Baez | 2B |
| Bell | 1B |
| McCann | C |
| Reddick | RF |
| Castro | 3B |

## OFFEMSIYE STRATEGIES

## Hit and Run

Not much of a change from last year's team. In this time of grip and rip approach to hitting, creating runs through the hit \& run, or the straight steal are less important or maybe even less effective. This team has a number of hitters who are hit and run eligible ( $2-31$ 's), but don't make enough contact to be considered hit and run candidates. What I will stress though, is use the hit and run to stay away from the DP: Reddick Castro and Solano are the best options although Reddick does not hit in to many DP's. For me I use the hit \& run 2 or 3 times per game, so it's your call.

## Stealing

Lindor and Baez are the only 2 runners I would consider sending on a straight steal, providing their adjusted SSN is 25 or higher with score being $+/-2$ runs, $5^{\text {th }}$ inning or later. When active and in the lineup, Marisnick would also be a part of this group.

## Sacrifice

With Castro, or Galvis to move tying or winning run in scoring position, or from $2^{\text {nd }}$ to $3^{\text {rd }}, 0$ outs, $6^{\text {th }}$ inning or later. No squeeze play.

## Pinch-Hitting

Since there's no major weak spot or hole in the lineup, I don't see pinch hitting opportunities coming up very often. Bell with his -9v LHP might call for a pinch hitter like Solano d'Arnaud, or Romine, but it should be an absolute key point in the game

## Pinch-Running

For 2 of the catchers, Romine \& McCann, or Bell, $8^{\text {th }}$ or later, tie or winning run on, less than 2 outs, Marisnick, Piscotty, or Galvis on the active roster

## Runner Advancement

As you would your team. I find myself leaning more on the Adams tables rather than gut feeling to make those decisions. You can use what ever method you are most comfortable with.

## DEFENSIVE STRATEGIES

## Outfield Throws

Always throw for lead runner if chances are $<32$, trailing runner if chances are $<20$, unless lead runner is tie or go ahead, $7^{\text {th }}$ or later.

## Hold Runner on First

Hold all runners regardless of speed.

## Play Infield In

Deep at all times except:

- $\quad 3^{\text {rd }}$ or $2^{\text {nd }} \& 3^{\text {rd }},<2$ outs, $8^{\text {th }}$ or later, tie or winning run on $3^{\text {rd }}$
- Bases full, 0 outs, $8^{\text {th }}$ or later, tie or winning run on $3^{\text {rd }}$


## Defensive Replacements

upgrade defensively by inserting McCann in place of either catcher to upgrade to a Th +1 , and Marisnick or Almora for Dahl or Piscotty $8^{\text {th }}$ inning or later if we have a lead of 3 or less.

| Player | Role(s) | When to remove | Use off bench | Notes |
| :---: | :---: | :---: | :---: | :---: |
| Albert Almora | Active when Dahl or Judge not on active roster | Injury, or removed for better hitter | Yes. Use freely as pinch hitter or defense | Game limited |
| Javier Baez | Starting 2nd baseman | Injury only | Should never be on the bench | Game limited |
| Josh Bell | Starting first baseman | Pinch runner or hitter | Yes when not starting | Unlimited use when active |
| Nick Castellanos | Starting DH v any pitching | For pinch runner | Yes if not starting | Unlimited use |
| Starlin Castro | Starting 3B | For better hitter (Solano) or injury | Yes, always available if not starting | Unlimited use |
| David Dahl | Starting CF when active | Injury or defense | No | Game limited |
| Travis d'Arnaud | Firstbaseman v certain LHP, backup catcher | If pinch hit for or injury | Yes, anytime | Game limited |
| Aaron Judge | Starting RF for 102 games | Injury only | No | Game limited |
| Francisco Lindor | Starting SS | Injury only | No | Game limited |
| Jake Marisnick | OF defensive replacement, pinch runner | Pinch hit for if situation calls for a better hitter | Yes | Unlimited |
| Stephen Piscotty | PH v LHP when active, occasional starter v LHP | For defense, or pinch hit for if better hitter needed. | Yes, anytime not starting | Unlimited when active |
| Josh Reddick | Starting RF | Injury only | Yes, freely | Unlimited |
| Austin Romine | Pinch hitter, $3^{\text {rd }}$ catcher | If PR for, | Injury or if McCann hit for | PA limited |
| Donovan Solano | Starting 2B certain months | Injury only | Main pinch hitter when active and not starting | Game limited |
| Renato Nunez Josh Naylor | Minors most of the year. |  |  |  |
|  |  |  |  |  |
|  |  |  |  |  |

## pitching strategies

I believe in taking a hands-off approach when it comes to managing a pitching staff on the road. The starters are respectable, with no dominant ace among them. Except for Dereck Rodriguez grade 4, all starts will be made by grade 10 or greater. Breaking it down further, only 23 of Trevor Richards starts are that grade 10, 15 of Brad Peacock's are grade 12, and the remainder are grade 13 and above. One area of concern with the starters is short fatigue. Getting 6 innings from someone like Castillo could be a tall order so we are not against having a starter pitch through a grade reduction or 2 , providing we have a comfortable lead
The bullpen features 2 closer types, one right one left. Hendricks and Bummer (sounds like a bad painting contractor) share the opportunities depending on the scheduled hitters. Both can pitch up to 2 innings and work in extras. The remainder of the relief core's roles fall anywhere from early starter rescue (the long fatigue types like Chirinos, Ponce de Leon, (when neither are starting) seem to fit well here, to middle inning and bridge to the closer guys like Munoz, Bradley, Sadzek, Hardy, and Maeda. Most months there will be 7 relievers available.

## Pitching Rotation




