



1999, 2011 and 2012 World Champions

# **2017 Instructions MONTHY / Emergency Insturctions**Melrose will play the boards this year

Manager: Dennis Eckersley

Hitting Coach: Moises Alou

1<sup>st</sup> Base Coach: Roberto Alomar

Bench Coach: Garret Anderson

Pitching Coach: Kirk Rueter

3<sup>rd</sup> Base Coach: Terry Pendleton

Bullpen Coach: Billy Wagner



## Minors April-

Cuts- Tom, Wilhelmsen, Sam Freeman (UNC), Matt Marksberry (UNC), Alexi Ogando, Kevin Jepsen, Eric O'Flaherty (UNC), Zack Godley, Josh Edgin (UNC), David Murphy (UNC), Tyler Goeddel, Tyler Landendorf, Jimmy Rollins, Yadiel Rivera, Micheal McKerny (UNC), AJ Burnett (UNC).

## **Expected Roster Moves-**

- May- Kazmir, Anderson Down / Holland, Brault Up
- June-Anderson, Kazmir Up / Brault, Paxton Down
- July- Cashner Down / Paxton Up
- August- Holland, Paxton Down / Brault, Cashner Up
- Sept- Kazmir, Anderson Down / Holland, Thompson Up
- Nov- All up

Name	Team	Grade	CTRL	HR	G	GS	RIP	STF	RF	Throws	Move	HBO	WP	FLD	BKO	Minor
Tyler Anderson	COL	9Yz	25	15	19	19		25		LHP	1		3	1		
Steven Brault (INC)	Pit	2	-26	-11	8	21		24		LHP	0		2	1	Yes	Y
Andrew Cashner	Mia	5	-26	-13	28	27		25		RHP	0		2	2	Yes	
Derek Holland	Tex	6	12	-11	20	20		28		LHP	3		1	1	Yes	Y
Scott Kazmir	Lad	8Y	-13	-15	26	26		25		LHP	0		3	2	Yes	
James Paxton	Sea	7XZG	34	34	20	20		23		LHP	0		3	1	Yes	
Drew Smyly	TBR	7Y	16	-23	30	30		25		LHP	0		3	2		
Jake Thompson	Phil	7WL	-45	-25	10	10		28		RHP	2		3	2	Yes	Y
Tyson Ross (UNC)																Y
Lance Lynn (UNC)																Y
Aaron Blair	ATL	1	-24	-25	15		70		10	RHP	0		0	1	Yes	
Louis Coleman	LAA	9*Y	-35	16	61		48		5	RHP	1		3	2	Yes	
Jason Grilli	Tor	15*XYWL	-61	-21	61		59		7	RHP	0		3	1	Yes	
A.J. Ramos	Mia	15*XWH	-51	61	68		64		6	RHP	0		3	2	Yes	
Drew Storen (INC)	Wash	5*YZ	25	11	57		75.7		5	RHP	0		0	2	Yes	
Pedro Strop	CC	20*XY	11	23	65		47.3		6	RHP	0		3	1	Yes	
Logan Verrett	Bal	3/11*WL	-32	-23	35		50/31.7		8	RHP	3		3	2		

Name	Team	Gs	PAs	Bats	Field	SBAs	SSN	Arm	Speed	BC	SA	H&R	Minor
Tyler Collins	DET	56	151	L	OF2	2	26	30	F15	-12/+3	SA-5		Y
Michael Conforto	NYM	109	350	L	OF2	3	26	30	7	PR-20/+2	PR-5		
Logan Forsythe	TBR	127	615	R	2B7	12	20	32	F15	-1/-1	SA-0	Yes	
Todd Frazier	Chwsx	158	664	R	3B4/1B2	20	29	33	11	-1/-1	SA-0		
Eric Fryer	Pit	60	131	R	C7/-1 PB2	3	7	33	8	+3/-2	SA-1	Yes	
Adrian Gonzalez	Lad	156	642	L	1B5	2	9	31	S4	PR-10/+2	PR-5	Yes	
Alex Gordon	KC	128	509	L	OF3	9	34	34	13	-2/-1	SA-1		Y
Jose Iglesias	Det	137	514	R	SS9/2B7/3B4	11	25	36	F15	+1/-2	SA-1	Yes	
Russell Martin	Tor	137	539	R	C9/-4 PB3/2B5/3B3	3	26	33	8	-2/-1	SA-0	Yes	
Nomar Mazaro	Tex	152	516	L	OF2	2	9	32	12	-9/+1	SA-5	Yes	
JD Martinez	Det	120	519	R	OF2	3	14	30	8	-3/-1	SA-0		
Raul Mondesi	KC	47	140	S	2B7/SS7	10	34	34	F16	-2/-1	SA-0		Y
Paulo Orlando	KC	128	484	R	OF3	17	32	33	F17	+2/-3	SA-1	Yes	
Anthony Rendon	Wash	156	649	R	3B5	18	26	36	F15	+2/-2	SA-1	Yes	
Marcus Semien	Oak	159	623	R	SS8	12	32	32	F15	+1/-2	SA-1	Yes	
Trayce Thompson	LAD	80	262	R	OF2	6	32	30	F16	-2/-1	SA-0		
Austin Hedges	(UNC)												Y
Geovany Soto	(UNC)												Y

## Offense:



#### Positions-

- **1B-Adrian Gonzalez** plays every inning of 158 games.
- **2B- Logan Forsythe** plays every inning of 127 games. **Jose Iglesias** (2B7) will pick up the remaining games and provide backup.
- **3B- Anthony Rendon** is the back
- **DH-**. **Todd Frazier** is the primary DH. He'll play a few games at first.
- **C-Russell Martin** starts most games. **Eric Fryer** will start the remaining. There are plenty of catcher games. They can be PH for late.
- **LF- Nomar Mazaro** takes over. We don't care about the shift. Let him play.
- CF- Pablo Orlando will be CF for 128 games. Tim Collins and Trayce Thompson will need to finish games he starts.
- RF- JD Martinez plays 120 games. Conforto will back him up for the rest.
- SS-Marcus Semien takes over SS duties. Jose Iglesias will come in 8<sup>th</sup> or later if we lead

**Bench- Joes Iglesias** is the backup infielder. By TBL rules he's a 3B4 and 2B7 and will make spot starts. There will be available people on the bench if it makes sense. **Michael Conforto** will backup LF/RF and play some DH. **Tracye Turner** will start 1/3 of the season. Do not use **JD Martinez** off the bench.

## **Emergency Lineups (Lineups will be sent each month)**

#### Lineups vs All:

- CF3 Orlando
- 2B8 Forsythe
- 1B5 Gonzalez
- **RF2** JD Martinez
- 3B5 Rendon
- DH Frazier
- SS8 Semien
- LF2 Mazaro
- C9 Martin



## **Pinch Hitting:**

- 1. Anybody but JD Martinez
- 2. Look to PH for a weak batter 7<sup>th</sup> inning or later tying/winning runner in scoring position
- 3. Please make sure there is a defensive replacement available

### Pinch Running:

- 1. There will be some fast guys on the bench can PR for a slow runner when tying or winning run in scoring position 7<sup>th</sup> or later.
- 2. Alex Gordon has an SSN34 when availabe

Stealing: Stealing takes priority over Hit & Run. Steals are limited this year so use judiciously.

- 1. Look to steal 7<sup>th</sup> inning on score +1 to -2
- 2. SSN >= 25
- 3. Orlando, Frazier, Iglesias, Forsythe, Semien, Rendon, Thompson, Gordon.

Max 1 / series.

#### Hit and Run: I like the hit and run.

- 1. Eligible batters when  $SSN \ge 25$
- 2. If pitcher is a W do not Hit and Run
- **3.** 2 outs Hit and Run any eligible batter
- **4.** Against grades >12 I tend to H&R more often

#### Sacrifice:

- 1. With <1 outs sacrifice with any weak batter 8<sup>th</sup> or 9<sup>th</sup> inn to move the tying or winning run over
- 2. Never Sac if H&R in order
- 3. Never Squeeze! Never!

Runner Advancement: BE Aggressive!!

Boards: Use Adams table

Computer: Go when runner is well around bag

2 out F runner on second send them home 2 out F runner on third send them home

F runner on third <2 out on Fly Ball arm <=30 send runner Runner on  $2^{nd}$ , ball hit to CF or RF arm <=31 send runner

## **Defense:**

#### **Substitutions:**

• IF we lead after we bat in the 7<sup>th</sup>

Iglesias to SS, Gordon to LF

Replacement/Injuries: Use first available, when on active roster

3B- Iglesias SS-Iglesias 2B-Iglesias

1B-Frazeir Outfield-Thompson/Collins/Conforto C-Frier/Martin

#### Infield:

- . <2 out tying or winning run on third  $7^{th}$  inn or later infield should play in. Infield plays back all other times.
- 2. Always hold runner on  $1^{st}$  adjusted SSN > 14. Don't hold N's
- . Pitch from stretch if runner on third is eligible to steal home SSN >15 7<sup>th</sup> or later

# Pitching:

Melrose will not have a good staff this year. We are trying to survive so getting as many innings out of the starters as possible. Everybody has a low fatigue which will make this more challenging.

- 1. Never remove a starter if pitching a shutout
- 2. No starter pitches more than 11.2 innings. Even if pitching a shutout
- 3. Staple the starter to the mound until the pounding rule or the 7<sup>th</sup> inning
- 4. The Starters
  - 4.1. Try to get them 7 innings See 4.2 below
  - 4.2. Remove the starter if tying/winning run on 7<sup>th</sup> or later.



# **Relievers:**

The bullpen is thin this year. Ramos will still close. Strop and Grilli will attempt to set him up. The rest is bulk inning to rescue the starter when pounding rule comes into play.

- 1. AJ Ramos (15\*)- Ramos is the closer. Can pitch 5 out saves if necessary
- 2. **Pedro Strop (20\*)** / **Grille (15\*)** primary setup men to get to Ramos. There is only a 106 innings. Use them sparingly and in games we lead by 1 or 2 runs in the 7/8<sup>th</sup> to get to Ramos.
- 3. *Coleman (9\*)/Verrett (3/11\*)* The next tier. Verrett only has 31.7 innings as an 11\*. The remaining 50 will be as a 3 without the +5 relief bonus.
- 4. **Storen (5\*)** An innocuous 5\*. Bulk innings
- 5. **Aaron Blair (1)-** Lottery pick. At least he's not in the rotation. Has 70 innings and Does Not Get the +5 relief. Use first if starter is pounded out.

# Closing notes on Pitcher usage

The above are guidelines. Use your best judgment when managing the pen. The Avengers are trying to win games this year. Don't be afraid to remove the starter earlier or leverage the bullpen to get the road team the win.



# '17 Melrose Avenger's Pitching Rotation



Sm= Smyly (30) C=Cashner (27) K= Kazmir (26) An=Anderson (19)

Br=Brault (21)

Px= Paxton (20) H= Holland (20) (21) T=Thompson (10)



April <sup>19</sup>			August 20		
1-4	KAN	An1, K1,SM1,C1	1-4	@RYE	K13,An13,Br5,C12
(5)		(DAY OFF)	5-8	@MID	Sm17,K14,An14,Br6
6-8	LV	Px1,An2,K2	(9)	Ŭ	(DAY OFF)
(9)		(DAY OFF)	10-13	MUN	C13,Sm18,K15,An15
10-12	STM	Sm2,C2,Px2	14-17	IND	Br7,C14,Sm19,K16
(13)			18-21	BRO	An16,Br8,C15,Sm20
14-17	@WAR	An3,K3,Sm3,C3	(22)		(DAY OFF)
(18)		(DAY OFF)			
19-23	@COL	Px3,An4,K4,Sm4,C4	September	19	
(24)		(DAY OFF)	3-5	KAN	H13,Br9,C16
			6-9	LV	T1,Sm21,H14,Br10
MAY 21			10-13	STM	C17,T2,Sm22,H15
1-5	@MUN	Px4,Br1,H1,Sm5,C5			(Day off)
6-9	@CAY	Px5,Br2,H2,Sm6	14-17	@ZIO	Br11,C18,Sm23,T3
(10)	_	(DAY OFF)	(18)		
11-14	WHT	C6,Px6,Br3,H3	19-23	@DET	H16,Br12,C19,Sm24,T4
15-18	HOB	Sm7,C7,Px7,Br4			
(19)		(DAY OFF)	October <sup>22</sup>		
20-23	ВН	H4,Sm8,C8,Px8	1-4	@NBO	K17,Px14,C20,Sm25
		,,, -	(5)		(Day Off)
			6-9	@GC	K18,Px15,C21,Sm26
June 19			10-14	@HUD	Br13,K19,Px16,C22,Sm27
1-4	@LV	K5,An5,H5,Sm9		Ü	
(5)	0	(DAY OFF)	15-19	WAR	BR14,K20,Px17,C23,Sm28
6-8	@STM	C9,K6,An6			
9-11	@KAN	H6,Sm10,C10	20-23	RIV	BR15,K21,Px18,C24
12-16	ZIO	K7,An7,H7,Sm11,C11	November	23	
(17)		(Day Off)	(1)		(DAY OFF)
18-21	HUD	K8,An8,H8,Sm12	2-6	CAY	Sm29,K22,Px19,C25,An17
			7-10	COL	H17,K23,Px20,C26
			11-13	@LV	An18,H18,K24
July <sup>21</sup>			(14)	<u> </u>	(DAY OFF)
1-5	NBO	Px9,K9,An9,H9,Sm13	15-18	@STM	T5,An19,H19,K25
6-9	DET	Px10,K10,An10,H10	19-22	@KAN	C27,T6,SM30,H20
(10)		(DAY OFF)	(23)	-	(DAY OFF)
11-14	@MAR	Sm14,Px11,K11,An11			
15-18	@NW	H11,Sm15,Px12,K12			
19-22	@KNX	An12,H12,Sm16,Px13			La Company
(23)		(DAY OFF)			0



