

Offense:



Positions-

1B-Adrian Gonzalez plays every inning of 158 games.

2B- Logan Forsythe plays every inning of 127 games. **Jose Iglesias** (2B7) will pick up the remaining games and provide backup.

3B- Anthony Rendon is the back

DH- Todd Frazier is the primary DH. He'll play a few games at first.

C- Russell Martin starts most games. **Eric Fryer** will start the remaining. There are plenty of catcher games. They can be PH for late.

LF- Nomar Mazaro takes over. We don't care about the shift. Let him play.

CF- Pablo Orlando will be CF for 128 games. **Tim Collins** and **Trayce Thompson** will need to finish games he starts.

RF- JD Martinez plays 120 games. **Conforto** will back him up for the rest.

SS- Marcus Semien takes over SS duties. **Jose Iglesias** will come in 8th or later if we lead

Bench- Joes Iglesias is the backup infielder. By TBL rules he's a 3B4 and 2B7 and will make spot starts. There will be available people on the bench if it makes sense. **Michael Conforto** will backup LF/RF and play some DH. **Tracye Turner** will start 1/3 of the season. Do not use **JD Martinez** off the bench.

Emergency Lineups (Lineups will be sent each month)

Lineups vs All:

CF3 Orlando

2B8 Forsythe

1B5 Gonzalez

RF2 JD Martinez

3B5 Rendon

DH Frazier

SS8 Semien

LF2 Mazaro

C9 Martin



Pinch Hitting:

1. **Anybody but JD Martinez**
2. Look to PH for a weak batter 7th inning or later tying/winning runner in scoring position
3. Please make sure there is a defensive replacement available

Pinch Running:

1. There will be some fast guys on the bench can PR for a slow runner when tying or winning run in scoring position 7th or later.
2. **Alex Gordon** has an SSN34 when available

Stealing: Stealing takes priority over Hit & Run. Steals are limited this year so use judiciously.

1. Look to steal 7th inning on score +1 to -2
2. SSN >= 25
3. **Orlando, Frazier, Iglesias, Forsythe, Semien, Rendon, Thompson, Gordon.**

Max 1 / series.

Hit and Run: I like the hit and run.

1. Eligible batters when SSN >= 25
2. If pitcher is a W do not Hit and Run
3. 2 outs Hit and Run any eligible batter
4. Against grades >12 I tend to H&R more often

Sacrifice:

1. With <1 outs sacrifice with any weak batter 8th or 9th inn to move the tying or winning run over
2. Never Sac if H&R in order
3. Never Squeeze! Never!

Runner Advancement: BE Aggressive!!

Boards: Use Adams table

Computer: Go when runner is well around bag
2 out F runner on second send them home
2 out F runner on third send them home
F runner on third <2 out on Fly Ball arm <=30 send runner
Runner on 2nd, ball hit to CF or RF arm <=31 send runner

Defense:

Substitutions:

- IF we lead after we bat in the 7th
- Iglesias to SS, Gordon to LF

Replacement/Injuries: Use first available, when on active roster

3B- Iglesias	SS-Iglesias	2B-Iglesias
1B-Frazeir	Outfield-Thompson/Collins/Conforto	C-Frier/Martin

Infield:

1. <2 out tying or winning run on third 7th inn or later infield should play in. Infield plays back all other times.
2. Always hold runner on 1st adjusted SSN > 14. Don't hold N's
3. Pitch from stretch if runner on third is eligible to steal home SSN >15 7th or later



Pitching:

Melrose will not have a good staff this year. We are trying to survive so getting as many innings out of the starters as possible. Everybody has a low fatigue which will make this more challenging.

1. Never remove a starter if pitching a shutout
2. No starter pitches more than 11.2 innings. Even if pitching a shutout
3. Staple the starter to the mound until the pounding rule or the 7th inning
4. **The Starters**
 - 4.1. Try to get them 7 innings See 4.2 below
 - 4.2. **Remove the starter if tying/winning run on 7th or later.**



Relievers:

The bullpen is thin this year. Ramos will still close. Strop and Grilli will attempt to set him up. The rest is bulk inning to rescue the starter when pounding rule comes into play.

1. **AJ Ramos (15*)- Ramos** is the closer. Can pitch 5 out saves if necessary
2. **Pedro Strop (20*) / Grille (15*)**– primary setup men to get to Ramos. There is only a 106 innings. Use them sparingly and in games we lead by 1 or 2 runs in the 7/8th to get to Ramos.
3. **Coleman (9*)/Verrett (3/11*)**- The next tier. Verrett only has 31.7 innings as an 11*. The remaining 50 will be as a 3 without the +5 relief bonus.
4. **Storen (5*)** – An innocuous 5*. Bulk innings
5. **Aaron Blair (1)**- Lottery pick. At least he's not in the rotation. Has 70 innings and Does Not Get the +5 relief. Use first if starter is pounded out.

Closing notes on Pitcher usage

The above are guidelines. Use your best judgment when managing the pen. The Avengers are trying to win games this year. Don't be afraid to remove the starter earlier or leverage the bullpen to get the road team the win.



'17 Melrose Avenger's Pitching Rotation

Sm= Smyly (30)
K= Kazmir (26)

C=Cashner (27)
An=Anderson (19)

Px= Paxton (20)
Br=Brault (21)

H= Holland (20)
T=Thompson (10)



April ¹⁹

1-4	KAN	An1, K1, SM1, C1
(5)		<i>(DAY OFF)</i>
6-8	LV	Px1, An2, K2
(9)		<i>(DAY OFF)</i>
10-12	STM	Sm2, C2, Px2
(13)		
14-17	@WAR	An3, K3, Sm3, C3
(18)		<i>(DAY OFF)</i>
19-23	@COL	Px3, An4, K4, Sm4, C4
(24)		<i>(DAY OFF)</i>

MAY ²¹

1-5	@MUN	Px4, Br1, H1, Sm5, C5
6-9	@CAY	Px5, Br2, H2, Sm6
(10)		<i>(DAY OFF)</i>
11-14	WHT	C6, Px6, Br3, H3
15-18	HOB	Sm7, C7, Px7, Br4
(19)		<i>(DAY OFF)</i>
20-23	BH	H4, Sm8, C8, Px8

June ¹⁹

1-4	@LV	K5, An5, H5, Sm9
(5)		<i>(DAY OFF)</i>
6-8	@STM	C9, K6, An6
9-11	@KAN	H6, Sm10, C10
12-16	ZIO	K7, An7, H7, Sm11, C11
(17)		<i>(Day Off)</i>
18-21	HUD	K8, An8, H8, Sm12

July ²¹

1-5	NBO	Px9, K9, An9, H9, Sm13
6-9	DET	Px10, K10, An10, H10
(10)		<i>(DAY OFF)</i>
11-14	@MAR	Sm14, Px11, K11, An11
15-18	@NW	H11, Sm15, Px12, K12
19-22	@KNX	An12, H12, Sm16, Px13
(23)		<i>(DAY OFF)</i>

August ²⁰

1-4	@RYE	K13, An13, Br5, C12
5-8	@MID	Sm17, K14, An14, Br6
(9)		<i>(DAY OFF)</i>
10-13	MUN	C13, Sm18, K15, An15
14-17	IND	Br7, C14, Sm19, K16
18-21	BRO	An16, Br8, C15, Sm20
(22)		<i>(DAY OFF)</i>

September ¹⁹

3-5	KAN	H13, Br9, C16
6-9	LV	T1, Sm21, H14, Br10
10-13	STM	C17, T2, Sm22, H15
		<i>(Day off)</i>
14-17	@ZIO	Br11, C18, Sm23, T3
(18)		
19-23	@DET	H16, Br12, C19, Sm24, T4

October ²²

1-4	@NBO	K17, Px14, C20, Sm25
(5)		<i>(Day Off)</i>
6-9	@GC	K18, Px15, C21, Sm26
10-14	@HUD	Br13, K19, Px16, C22, Sm27
15-19	WAR	BR14, K20, Px17, C23, Sm28
20-23	RIV	BR15, K21, Px18, C24

November ²³

(1)		<i>(DAY OFF)</i>
2-6	CAY	Sm29, K22, Px19, C25, An17
7-10	COL	H17, K23, Px20, C26
11-13	@LV	An18, H18, K24
(14)		<i>(DAY OFF)</i>
15-18	@STM	T5, An19, H19, K25
19-22	@KAN	C27, T6, SM30, H20
(23)		<i>(DAY OFF)</i>

