



2016 GRAND CAYMAN HAVENS

Team Roster

OWNER: Mark "Boomer" Bloom (gchavens@gmail.com — 828-280-1686)

PITCHING COACH: Trevor Hoffman

GENERAL MANAGER: David "Boomer" Wells

BENCH COACH: Bill Lee

1ST BASE/HITTING: Mike Sweeney

FIELD MANAGER: Barry Bonds

3RD BASE/RUNNING: Eric Young, Sr.

#	PLAYER	Age	MLB Team	B	CG Shift	MG Shift	Spd	Arm	Fielding	PB/Th	H&R	SSN	SBs	Left: G	PA	J	Acquired
32	Adams, Ma.	27	STL	L	SA-5	-7/-0	5	31	1B4		—	G26	1	60	186	4	'13 draft (4th)
8	Aoki, N.	34	SF	L	SA-0	+1/-2	15	35	CF2		YES	E29	19	93	392	3	'16 trade MUN
31	Avila, A.	29	DET	L	PR-5	-9/+1	6	30	C8, 1B3	1/+1	—	F14	1	67	219	3	'10 draft (1st)
3	Conforto, M.	23	NYM	L	PR-5	-9/-0	8	30	OF2		yes	E14	1	56	194	4	'16 draft (1st)
35	Crawford, B.	29	SF	L	SA-2	-4/-0	15	33	SS9		yes	E24	10	143	561	1	'12 draft (4th)
10	Encarnacion, E.	33	TOR	R	SA-0	-5/-0	6	30	1B3		—	F24	5	146	624	1	'10 trade MLR
11	Gattis, E.	29	HOU	R	PL-0	-3/-0	5	31	OF1, C5	3/-3	—	G14	1	153	604	1	'14 draft (2nd)
7	Holliday, M.	36	STL	R	SA-0	-1/-1	5	28	OF1		—	G26	3	73	277	3	'11 trade NW
16	Jankowski, T.	24	SD	L	SA-1	-3/-1	16	31	CF2		—	D26	3	34	96	4	'16 draft (7th)
25	Polanco, G.	24	PIT	L	SA-5	-10/+1	16	37	CF2		yes	D28	28	153	652	1	'15 draft (1st)
15	Seager, K. ^c	28	SEA	L	PR-0	-0/-2	10	32	3B5, SS6		YES	D20	12	161	686	0	'12 draft (Bon)
1	Semien, M.	25	OAK	R	SA-3	+6/-4	15	32	SS7		yes	E27	16	155	601	1	'14 draft (3rd)
36	Van Slyke, S.	29	LAD	R	SA-2	+3/-5	13	32	CF2, 1B3		yes	F29	4	129	253	3	'16 trade MUN
20	Walker, N.	30	PIT	S	SA-0	-8/-0	12	32	2B7		YES	G31	5	151	603	1	'11 draft (1st)

^c = Team Captain

CF = CF-eligible

italics = innocuous

#	PITCHER	Age	MLB Team	Th	Start Grade	Relief Grade									Left:		J	Acquired	
							Ctl	HR	Fat	Q	WP	BK	HB	MF	St	RIP			
46	Barracrough, K.	25	MIA	R		23* XYWH	-62	+43	6*	3*	3	0	0	+1	24.3	4	'16 draft (4th)		
59	Bastardo, A.	30	PIT	L		17* XYWG	-41	+26	6*	3*	3	0		+0	57.3	1	'15 trade BRO		
30	Chavez, J.	32	OAK	R	7 Y		+12	+11	26	9*	3	1	0	+1	26	6.7	3	'14 draft (5th)	
51	Cingrani, A.	26	CIN	L		6* XW	-62	+22	22	6*	4	3		+1	1	30.7	3	'14 draft (1st)	
40	Colon, B.	42	NYM	R	6 ZZ		+46	-14	28	6*	3	0	0	+1	31	2.0	2	'16 trade IND	
17	Davis, W.	30	KC	R		29* KG	-13	+43		6*	3*	1	0	0	+0	67.3	1	'14 trade NW	
70	Diaz, J.	32	CIN	R		9* XYL	+16	-22		6*	3*	3		+0	60.3	2	'15 draft (5th)		
62	Doolittle, S.	29	OAK	L		UNCARDED												'15 trade HUD	
56	Duffey, T.	25	MIN	R	11 YG		-21	+33	24		4	1	0	0	+1	10	4	'16 draft (Bon)	
52	Grimm, J.	27	CHC	R		22* KW	-62	+22		5*	3*	3	0		+0	49.7	2	'14 draft (7th)	
55	Hernandez, R.	35	HOU	R	6 R		+12	+13	27	11*	4	1	0		+0	11	18.7	4	'16 trade WAR
48	Hunter, Tom.	29	CHC	R		7* YZ	+26	-11		6*	3*	2	0		+0	60.3	2	'13 waivers	
47	Lamb, Jo.	25	CIN	L	3 XL		-23	-22	27		4	0		0	+0	23	4	'16 draft (4th)	
12	Morrow, B.	31	SD	R		UNCARDED												'16 trade HOB	
50	Neris, H.	26	PHI	R		10* XM	+16	-35		7*	3*	3		0	+1	40.3	3	'16 draft (6th)	
22	Norris, B.	31	SD	R	1 YL	2* YL	-21	-24	30	7*	4	2	0		+1	24	63.7	3	'15 trade STM
29	Rea, C.	25	SD	R	9 YG		-21	+33	24		4	0	0		+0	6	4	'16 draft (3rd)	
45	Skaggs, T.	24	LAA	L		UNCARDED												'14 draft (Bon)	
33	Smyly, D.	26	TB	L	13 XYL		-11	-24	23		4	2	0		+1	12	4	'13 draft (2nd)	
49	Teheran, J.	25	ATL	R	10 YL		-22	-15	27		2	1	0		+2	33	2	'14 draft (1st)	
44	Worley, V.	28	PIT	R	2	13*	+21	+23	22	10*	4	3	0		+1	8	28.7	4	'15 draft (Bon)

CUTS: Justin De Fratus, David DeJesus, Dominic Leone, David Lough, Daisuke Matsuzaka, Josh Outman, Brad Peacock, Cory Rasmus, Daniel Robertson, and Drew Stubbs.

WAIVERS: **Add:** Someone, maybe. **Cut:** One for one.

MOVES: These moves may change in-season. Monthly road instructions will always list our 10 inactive players.

Down in APRIL: Barracrough, Cingrani, Doolittle, Duffey, Jankowski, Morrow, Neris, Norris, Rea, & Skaggs.

MAY: Hernandez, Smyly & Worley down; Cingrani, Duffey & Neris up.

JUNE: Duffey, Grimm, & Neris down; Barracrough, Rea, & Worley up.

JULY: Barracrough, Cingrani, Rea & Worley down; Duffey, Grimm, Neris, & Norris up.

AUGUST: Duffey & Lamb down; Hernandez & Worley up.

SEPTEMBER: Grimm, Neris & Norris down; Barracrough, Cingrani & Smyly up.

OCTOBER: Barracrough & Cingrani down; Grimm & Neris up.

NOVEMBER: Everyone up except Doolittle, Morrow & Skaggs.

Don't use BBW managers. I play the Board Game at home. Please send BOTH TEAMS' STATS with the game sheets.



2016 GRAND CAYMAN HAVENS

Emergency Instructions

STRATEGY STATEMENTS

THIS YEAR IS ABOUT SURVIVAL. We have enough usage to cover all the games, but there's not much extra. Basically, our philosophy this year is to win the games we can win, most often when we're leading in the 6th inning, and to survive the rest.

Regarding substitutions: If it's tied or we lead, use the top end of the bullpen, starting in the 6th inning. But if we're behind, either stay with the starter until fatigued or use the lower end of the bullpen. Either way, there aren't many offensive moves to make.

No DH? If you want to play at Grand Cayman with no DH, the Havens will also to play without the DH. We prefer it. But if you play with the DH, so will the Havens. We won't play at a disadvantage and we will not throw games. We hope to win 162; so far, so good.

BATTING ORDERS

These lineups are for true emergencies only. I SEND OUT LINEUPS WITH INSTRUCTIONS FOR EVERY ROAD SERIES. If you don't receive them (or a message from me) by the 4th of the month, please contact me. I'm expecting another busy work year.

Boards vs. RHPs

Aoki (CF2)
Walker (2B7)
Encarnacion (DH)
Conforto (LF2)
Seager (3B5)
Crawford (SS9)
Gattis (C5)
Adams (1B4)
Polanco (RF2)

Boards vs. LHPs

Holliday (LF1)
Semien (DH)
Seager (3B5)
Encarnacion (1B3)
Crawford (SS9)
Van Slyke (CF2)
Gattis (C5)
Walker (2B7)
Polanco (RF2)

Computer vs. RHPs

Holliday (LF1)
Aoki (CF2)
Encarnacion (1B3)
Seager (3B5)
Crawford (SS9)
Walker (2B7)
Gattis (C5)
Polanco (RF2)
Semien (DH)

Computer vs. LHPs

Aoki (CF2)
Walker (2B7)
Encarnacion (1B3)
Seager (3B5)
Crawford (SS9)
Semien (DH)
Gattis (C5)
Van Slyke (LF2)
Polanco (RF2)

OFFENSIVE STRATEGY

HIT AND RUN

In general, H&R early and STEAL late in a close game.

BATTERS:

- **Aoki, Seager, and Walker** H&R whenever legal.
- **Conforto, Crawford, Polanco, Semien, and Van Slyke** H&R only when the base runner on 1B has 27+ adjusted chances.

BASE RUNNERS:

- **Aoki, Crawford, Jankowski, Polanco, Seager, Semien, Van Slyke, and Walker.**

Board Game: With 1B-and-3B, H&R only with 0 or 2 out.

Computer Game: Never H&R with 2 outs.

STEALING

- **Aoki, Polanco, and Semien** can steal 2B with 25+ chances in the 4th or later, score within 1 run.
- Add **Adams, Crawford, Encarnacion, Holliday, Van Slyke, and Walker** in the 7th or later, close game, with 24+ chances.
- Don't steal 3B or home.
- **Aoki, Polanco, and Semien** can steal as often as needed in a series, as long as the game's within 1 run. Limit all others to 1 attempt per series.
- **Continue to H&R** even if the base runner has used his attempt.

PINCH-HITTING

See the Player-by-Player Usage Chart on the next page.

ALWAYS MAINTAIN THE BEST DEFENSE IF WE LEAD.

PINCH-RUNNING

See the Usage Chart. PR with **Jankowski** or **Van Slyke**. Note that **Cingrani** has 13 speed to PR if the runner's on 2B or 3B.

SACRIFICE

When appropriate, with no outs; a runner on 2B or 1B-and-2B; tied or down 1 run; 6th inning or later. Do not squeeze.

RUNNER ADVANCEMENT

Board Game: Use the Adams Tables.

Computer Game: Play our team like your own team.

DEFENSIVE STRATEGY

OUTFIELD THROWS

Throw for the lead runner unless the chances are 34+. Always throw for the tying/go-ahead runner in the 6th or later.

Computer Game: Follow this principle.

HOLD RUNNER ON FIRST

NEVER HOLD vs. a PR hitter. Otherwise, hold if the score is within 4 runs, UNLESS the runner is no threat to steal.

PLAY INFIELD IN

PLAY IN from the 7th inning, 0-1 out, tying/go-ahead run on 3B.

INTENTIONAL WALK

Barry's seen it work. Use it sparingly, when it makes sense.

PITCH FROM THE STRETCH

In the 6th or later, score tied or we're up 1, with a threat on 3B.

INJURY SUBS (IN ORDER)

POS.

DEF. SUBS

Gattis, AvilaC	Avila (up 1 run)
Van Slyke, Adams1B	none
Semien, Walker2B	none
Semien, CrawfordSS	none
Seager, Crawford3B	none
Van Slyke, JankowskiOF	Jankowski



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PLAYER-BY-PLAYER USAGE CHART

Player	Role(s)	When to Take Out of the Game	Off the Bench	Notes
Adams	1B vs. RHPs	PH vs. LHP in the 6th or later IF WE TRAIL.	DO NOT USE.	PH with Van Slyke .
Aoki	CF most days	NEVER.	DO NOT USE.	Use Van Slyke if he's injured.
Avila	C vs. RHPs	NEVER because of his walks and defense.	PH; defense.	He subs for Gattis , UP 1 RUN.
Conforto	LF vs. RHPs	PR/PH vs. LHP, 8th or later, IF WE TRAIL.	DO NOT USE.	PR/PH with Van Slyke .
Crawford	Everyday SS	NEVER.	DO NOT USE.	Semien backs him up.
Encarnacion	1B/DH	PR in the 8th or later to tie or win the game.	DO NOT USE.	PR with Cingrani or Van Slyke .
Gattis	C/DH	PR in the 8th or later to tie or win the game; sub for defense in the 9th if lead is 1 run.	DO NOT USE.	PR with Cingrani or Semien ; defense with Avila .
Holliday	LF vs. LHPs	PR in the 8th or later IF WE TRAIL.	DO NOT USE.	DO NOT pull him for defense.
Jankowski	Backup OF	PH in the 5th or later IF WE TRAIL.	PH/PR; defense.	He'll be active in November.
Polanco	Everyday RF	NEVER. Just let him hit.	DO NOT USE.	He has to play all the time.
Seager	Everyday 3B	NEVER.	DO NOT USE.	Crawford (3B4) backs him up.
Semien	DH and SS/2B backup	PH vs. RHP in the 7th or later if there's a bat on the bench that's better IF WE TRAIL.	DO NOT USE.	He plays second base as a 2B5. PH vs. RHP with Walker .
Van Slyke	OF vs. LHPs	NEVER. He plays so others can rest.	PH/PR.	DO NOT use him for defense.
Walker	2B vs. RHPs	PR/PH vs. LHP, 7th or later, IF WE TRAIL.	DO NOT USE.	PR/PH with Semien .

PITCHING STRATEGY

MANAGING THE STARTERS

We try to win the games we lead, although try to avoid the pen before the 6th inning. When a starter fatigues*, check the score: if it's tied or we're ahead, use the good relievers aggressively.

With **425.7 relief innings** of Grade 7* and higher this year, all our starters have to carry their share of the load. For some of the 11 starting pitchers we'll use this year, it will be a heavy load.

We have three rules this year:

1. DO NOT REMOVE A STARTER THROWING A SHUTOUT.
2. NO STARTER SHOULD PASS 11.7 INNINGS IN ANY GAME.
3. EVERY STARTER* PITCHES INTO THE 6TH INNING.

***Duffey (D)**, **Rea (R)**, and **Smyly (S)** have decent grades, but short fatigues. They *try* to make it into the 6th inning. **Smyly** and **Duffey** can fatigue once. If they fatigue again or if **Rea** fatigues at all, check the score. If it's tied or we lead, go to the bullpen (see the Quick Reference Guide on the next page). If we trail, even by 1 run, they stay in until the 6th. Then reassess.

Teheran (T) must pitch 6 full innings. In the 7th, if the score is within 3 runs, go to the pen at the next base runner he gives up. Otherwise, he can stay in until he fatigues. Then reassess.

Chavez (C), **Colon (B)**, and **Hernandez (H)** have to pitch into the 6th inning. If it's tied or we lead, go to the pen at the next base runner. If we trail, let them get through the inning. In the 7th, reassess the situation before going to the pen.

Cingrani (A), **Lamb (L)**, **Norris (N)**, and **Worley (W)** have to pitch into the 6th inning. It may be ugly, but the bullpen can't rescue them until the 6th inning or until they're pounded out. In the 6th or later, go to the low end of the pen unless we lead.

USING THE BULLPEN

We have a good top end of the bullpen. This year's pen has **508.0 relief innings** (over **3.0 innings per game**), although only **425.7 innings** are Grade 7* or higher (**2.7 innings per game**). The relievers are split into five groups. Refer to the QUICK REFERENCE GUIDE, but here's what you need to know:

Group 1: Wade Davis reprises his role as the Closer. He has **67.3 innings** to slam the door. He may come into a tie game or with a 1–3-run lead in the 8th to squash a rally for a five-out save. **Limit: 1.7 innings per game.**

Group 2: With **131.3 innings** between them, the set-up crew comes in when it's tied or we have a lead in the 6–9th innings. THEY NEVER PITCH IF WE TRAIL. **Bastardo** is the LHP. **Barracough-Grimm** (as one reliever) gives us 74.0 innings; only one RHP is active at a time. **Limit: 2.0 innings per game.**

Group 3: This part of the pen is uneven. **Worley** is excellent, but has fewer than 30.0 innings; **Diaz** and **Neris** have HR issues. All three together have **129.3 innings** to do the best they can to keep us in the game or protect an early lead. **Limits: Diaz, up to 2.3 innings per game; Neris, up to 1.7 innings; Worley, only 1.0 inning.** Two of these relievers are active at a time.

Group 4: Hunter and **Chavez** (in November) provide relief if we're behind or it's too early for anyone else. These two relievers have **67.0 innings** to keep the game close in the 5–8th innings. **Limit: 1.7 innings per game.**

Group 5: At the bottom of the bullpen are **Cingrani**, **Hernandez**, and **Norris**. They have **113.0 innings**, and we may need them all. Their job is to save the better relievers' innings. They never pitch when it's tied or we lead. They can go long, EVEN PAST FATIGUE. **Limit: 2.7+ innings per game.**



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Emergency Instructions

First, review MANAGING THE STARTERS and USING THE BULLPEN on the previous page. Use this **QUICK REFERENCE GUIDE** to determine which **RELIEVER GROUP** to bring in (and when). Some groups may have only one active pitcher. If we need a reliever for **innings 1–4**, go to **Group 5** to soak up innings. If the mop's forced to leave, spread the work around; don't overuse any one reliever.

RELIEVER CHART	Down 5+	Down 4	Down 3	Down 2	Down 1	Tied	Up 1	Up 2	Up 3	Up 4	Up 5+
5th inning	5	5	5	5	4 & 5	3 & 4	3	3	3	3 & 4	4
6th inning	5	5	5	4 & 5	3 & 4	2 & 3	2 & 3	2 & 3	2 & 3	3	3 & 4
7th inning	5	5	4 & 5	4 & 5	3	2	2	2	2	2 & 3	3 & 4
8th inning	5	5	4 & 5	4 & 5	3	1 & 2	1	1 & 2	1 & 2	2	3
9th inning	–	–	–	–	–	1	1	1	1	2	3
extra innings	–	–	–	–	–	1 & 2	1	1	1	2	3

Group 1 Davis (29* RHP) — **67.3** innings available

Group 2 Barraclough (23* RHP), Grimm (22* RHP), & Bastardo (17* LHP) — **131.3** innings available

Group 3 Worley (13* RHP), Neris (10* RHP), & Diaz (9* RHP) — **129.3** innings available

Group 4 Hunter (7* RHP) & Chavez (7* RHP) — **67.0** innings available

Group 5 Cingrani (6* LHP), Hernandez (6* RHP), & Norris (2* RHP) — **113.0** innings available

PITCHING ROTATION

APR: 1–4 IND L – T – C – B – x **JUL:** 1–5 @COL .. B – D – L – T – C **OCT:** 1–4 COL W – S – B – T
6–8 @GC L – T – C – x 6–9 LV B – D – L – T – x 5–9 NW C – W – S – B – T
10–12 @RYE .. S – L – T – x 11–14 ZIO B – D – L – T 10–13 TAY C – W – S – B – x
14–17 @HOB.. B – S – L – T – x 15–18 KNX C – B – D – L 15–19 @WAR.. C – W – S – B – T
19–23 BRO B – S – L – T – C – x 19–22 @NW ... T – C – B – D – x 20–23 @BRO.. C – W – S – B

MAY: 1–5 DET D – L – T – C – B **AUG:** 1–4 @KAN.. T – C – B – W **NOV:** 2–6 @WHT.. x – L – H – A – B – T
6–9 WHT D – L – T – C – x 5–8 @HUD.. H – T – C – B – x 7–10 BH L – H – R – B
11–14 @MAR . D – L – T – C 10–13 @STM .. H – T – C – B 11–13 GC T – L – H – x
15–18 @MUN . B – D – L – T – x 14–17 MLR W – H – T – C 15–18 RYE B – T – L – N
20–23 @NBO.. B – D – L – T 18–21 MID B – W – H – T – x 19–22 @IND ... R – B – T – L – x

JUN: 1–4 GC C – B – R – L – x **SEP:** 3–5 IND x – x – C – H – S
6–8 RYE C – B – R 6–9 @GC B – T – C – H
9–11 @IND ... L – T – C 10–13 @RYE .. S – B – T – C
12–16 @BH B – R – L – T – C – x 14–17 @DET... H – S – B – T – x
18–21 WAR R – L – T – C 19–23 HOB H – S – B – T – C

A	ANTHONY Cingrani (6XW)	1 start
B	BARTOLO Colon (6ZZ)	31 starts
C	Jesse CHAVEZ (7Y)	26 starts
D	Tyler DUFFEY (11YG)	10 starts
H	Roberto HERNANDEZ (6R)	11 starts
L	John LAMB (3XL)	23 starts
N	Bud NORRIS (1YL)	1 start
R	Colin REA (9YG)	6 starts
S	Drew SMYLY (13XYL)	12 starts
T	Julio TEHERAN (10YL)	33 starts
W	Vance WORLEY (2)	8 starts

2016 HAVENS' AFFILIATIONS:

AAA: Montreal (Quebec) Havres

AA: Havana (Cuba) Paraísos

A: Lewiston-Auburn (Maine) Havens