

New Westminster Whiskeyjacks 2015 Instructions

Mood Statement:

The needle is beginning to point upwards, not very much but a little.

We will send out monthly instructions. We play computer 5.75 for home games.

Offense

Our offense is lacking in most areas. Our main weapon is speed and stealing from about 4 players.

Hit and Run: This is our best weapon. Runner on first or first and third one out any time it is legal. Runners Young, Jennings and Fowler batters anyone who is legal. Two SBA per game for Young one for the others. Jeter has 3 31s please use him in that role.

Straight steal. In the 8th inning or later when we are behind one or tied, any of the above runners, with less than 2 outs, may steal 2nd.

Pinch Run See monthly instructions.

Pinch hit we are pretty locked into those in the starting line up.

Extra base: Any runner is well around should take the next base. Fast runners (15 speed) who are behind the lead runner should also try to move up. Runners who are fast should take an extra base if they are rounding and the OF arm is 32 or less. In the board game take extra base on 22 or more chances.

Bunt: Use the catchers, Sardinas and Choice. Bunt runners in 8th or 9th and we are behind 3 or less, with runners on 1st or 1st and 2nd one or none outs and no steal opportunity.

With runner on third try to score on deep balls on the computer to OF arm 32 or less. Board game 22 chances.

Defense:

Not many moves. See monthly.

Hold runners as per default rules. Throw for the lead runner unless the other runner is lead or tying run then throw for them.

Infield deep unless winning or tying run on third and less than 2 outs 8th or later.

When throwing keep the double play in order as much as possible.

Pitching

Starters Rules

Never remove if pitching a shutout

never pitch more than 10 ip

Keep in until fatigued or pounded out especially the 1s,

We have around 500 RIP so don't feel you need to hold back, but at the same time get as much from the starters as possible

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Detwiler, Coke and Gomez are there to get us to the 5th if the starter is pounded out or the game gets out of hand late. Use would be 2 2/3 max in a game, In a series they would go 3IP max. Remove if we get within +4 or -4 if not pitching in the first five innings.

Crow, Marshall, and Webb work the 5 to 6th. They are to be swapped. As a group they should average around 1P per game.

7-9 Estrada, Varvaro, and Marshall are the end of the bullpen. Varvaro can drop back and help in the 5-6th. Estrada late if leading but if tying run at the plate remove. Use your best judgment and I will adjust as needed

Batting Lineups

We will be using RHP LHP for the time being and adjust as we go for games.

LHP	RHP
Fowler CF	Fowler CF
Jeter SS	Jeter SS
Chisenhall 3B	Chisenhall 3B
Medica 1B	Jennings RF
Jennings RF	Gillespie DH
Gillespie DH	Parmalee 1B
Schoop 2B	Schoop 2B
Joseph C	Joseph C
Young LF	Young LF

Sardinas is back up at 2b 3B and SS,

Chisenhall/ Medica/ Parmelee cover 1B

Catchers cover each other.

There should be an OF usually Choice, Solar or Parmelee on the bench he can also move to DH

There should be a four or five man bench most months.

APRIL	Sabathia, Villar, Barnhart, Vazquez, Miller Ross, Ray, Hendricks, Soler, Webb,
MAY	Sabathia, Villar, Barnhart, Vazquez, Miller Ross, Ray, Hendricks, Soler Coke,
JUNE	Sabathia, Villar, Barnhart, Vazquez, Miller Ross, Ray, Hendricks, Soler Gomez
JULY	Sabathia, Villar, Barnhart, Vazquez, Miller Ross, Ray, Hendricks, Soler Marshall,
AUGUST	Sabathia, Villar, Barnhart, Vazquez, Miller Ross, Ray, Hendricks, Soler Crow,
SEPTEMBER	Sabathia, Villar, Barnhart, Joseph, Miller, Soler, Locke, Maholm, Ray, Detwiler
OCTOBER	Sabathia, Villar, Barnhart, Joseph, Miller, Soler, Locke, Martinez, Maholm, Webb

For most months it will be 5 starters, 7 relievers and 13 players..

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Name	MLB	Plat	BC	Sp	Ar	St	Th	PB	GP	PA	DEF	SBA	31
BARNHART,Tucker#	CIN	-5/+2	SA0	7	32	N	Th+6	PB3	21	60	C-7	1	
CHISENHALL,L *	CLE	-2/-1	SA1	9	32	G29			142	532	30-3 1B-2	4	2
CHOICE,Michael	TEX	+6/-5	SA3	10	32	R26			86	280	OF-2	1	1
CORPORAN,Carlos#	HOU	-5/+2	SA0	6	31	N	Th-1	PB1	55	190	C-7	0	2
FOWLER,Dexter#	HOU	+4/-3	SA0	16	30	E28			116	505	OF-2	15	2
GILLASPIE,Conor*	CHW	-10/+1	SA5	9	30	A6			142	532	3B-3	4	2
JENNINGS,Desmond	TBR	+2/-2	SA2	18	32	E28			123	542	OF-3	21	2
JETER,Derek	NYN	+5/-3	SA0	8	35	F32			145	634	SS-7	12	3
JOSEPH,Caleb	BAL	-1/-1	SA0	6	33	E14	Th+5	PB2	82	275	C-8 1B-2	1	1
MEDICA,Tommy	SDP	+1/-3	SA1	8	30	E33			102	259	1B-3 OF-1	7	1
MILLER,Brad*	SEA	-8/+1	SA5	16	34	F26			123	409	SS-8 2B-7 3B3	6	2
PARMELEE,Chris*	MIN	+7/-5	SA0	6	33	A7			87	270	OF-1 1B-3	3	1
SARDINAS,Luis#	TEX	+4/-4	SA0	17	33	D32			43	125	2B-7 3B3 SS6	6	2
SCHOOP,Jonathan	BAL	-3/0	SA0	13	32	R31			137	481	2B-8 3B3	2	1
SOLER,Jorge	CHC	-3/+1	SA0	14	31	F26			24	97	OF2	1	2
VAZQUEZ,Christian	BOS	-2/0	SA0	5	33	N	Th+5	PB3	55	201	C8	0	1
VILLAR,Jonathan#	HOU	+1/-2	SA0	17	34	C31			87	289	SS-7	21	1
YOUNG,Eric Jr.#	NYM	-4/0	SA0	19	29	C32			100	316	OF-1 2B-6	36	2

*Ihb

Switch Hitter

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Name	MLB	DEF	Gr	CTL	HRA	Fat	WP/BK/HB	MF	HRR	GS	RIP
BUCHHOLZ,Clay	BOS	2	3	0	11	31	WP3/BK0	MF+1		32	
COKE,Phil*	DET	1	5*	0	16	6*	WP1/BK0	MF+0			58
CROW,Aaron	KCR	2	11*	-33	-32	6*	WP3/BK0/HB0	MF+0	M		59
CUETO,Johnny	CIN	1	17	13	-11	28	WP1	MF+2		34	
DETWILER,Ross*	WAS	2	6*	14	16	8*	WP3/BK0	MF+1			63
ESTRADA,Marco	MIL	2	6/14*	0	-42	29/10*	WP1	MF+0	M	18	43
GOMEZ,Jeanmar	PIT	1	7*	15	0	8*	WP2/BK0	MF+1			62
HENDRICKS,Kyle	CHC	2	12	33	34	25	WP0/BK0	MF+1	G	13	
LOCKE,Jeff*	PIT	2	8	11	-16	28	WP1/BK0	MF+2	L	21	
MAHOLM,Paul*	LAD	1	3/3*	-21	-13	27/7*	WP2	MF+1		22	27
MARSHALL,Evan	ARI	1	10*	12	31	6*	WP3/BK0	MF+0	G		49
MARTINEZ,Nick	TEX	2	6	-25	-15	26/12*	WP3/BK0	MF+2	L	24	11
RAY,Robbie*	DET	2	1	-16	-25	27/7*	WP3/HB0	MF+2	L	6	2
ROSS,Robbie*	TEX	1	1	-14	-11	30/8*	WP3/BK0	MF+1		12	18
VARVARO,Anthony	ATL	2	13*	22	-11	6*	WP3/BK0/HB0	MF+0			54
WEBB,Ryan	BAL	2	7*	25	43	6*	WP1	MF+0	G		49
CC Sabathia	UNC										

*Lhp

Ross, Ray Maholm and Bucholz are innocuous.

Good Luck Do not sweat this team or getting it perfect have fun

Jim

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April	20					Aug	20					
1-4	DET	1	2	3	4	1-4	KAN	2	3	4	5	
6-8	hob	5	1	2		5-8	LV	1	2	3	4	
10-13	bro	3	4	5	1	10-13	STM	5	1	2	3	
14-17	rye	2	3	4	5	14-17	mid	4	5	1	2	
19-23	CAY	1	2	3	4	18-21	zio	3	4	5	1	
May	21					Sept	19					
1-5	col	1	2	3	4	3-5	DET	2	8	4		
6-9	goh	1	2	3	4	6-9	hob	6	1	2	8	
11-14	MAR	5	1	2	3	10-12	bro	4	6	1		
15-18	KNX	4	5	1	2	14-17	cay	2	8	4	6	
20-23	NBO	3	4	5	1	18-22	GOH	1	2	8	4	6
June	19					Oct	22					
1-4	HOB	2	3	4	5	1-4*	bh	1	2	8	7	9
6-8	BRO	1	2	3		6-9	gc	6	1	2	8	
9-11	det	4	5	1		10-14	RYE	7	6	1	2	8
12-16	war	2	3	4	5	15-18	COL	7	6	1	2	
18-21	BH	2	3	4	5	20-23	hud	8	7	6	1	
July	21					Nov	20					
1-5	GC	1	2	3	4	2-6	wht	2	3	5	8	1
6-9	WHT	1	2	3	4	7-10	WAR	2	6	5	8	
11-14	mun	5	1	2	3	11-13	HOB	1	2	6		
15-18	tay	4	5	1	2	15-18	BRO	7	8	1	2	
19-22	mlr	3	4	5	1	19-22	det	6	7	8	1	

1Cueto 2Bucholz 3Locke 4Martinez 5Maholm 6Ross 7 Ray 8Hendricks 9Estrada