

New Westminster Whiskeyjacks 2014 Instructions

Mood Statement:

ARGHHHHHHHHHHHHHHH!!!!

This is not a team that should beat you. This is a team that holds its batting practice in a hotel lobby and pitchers warm up in a window factory as no damage will be done. If you lose to us we apologise not just because we are Canadian. "We can't win at home, we can't win on the road, my failure as a manager is I can't find a place to play" Harry Neale.

We will send out monthly instructions. We play computer 5.75 for home games.

Offense

Our offense is lacking in most areas. Our main weapon is speed and stealing from about 4 players.

Hit and Run: This is our most and best weapon. Runner on first or first and third one or two outs any time score is +4 to -4. Runners Young, McLouth, Jennings and Fowler batters anyone who is legal. Two SBA per game.

Straight steal. In the 8th inning or later when we are behind one or tied, any of the above runners, with less than 2 outs, may steal 2nd.

Pinch run for Catchers and first base. Generally use Casilla or Quintanilla. Late game when they are winning or tying run. See monthly instructions.

Pinch hit we are pretty locked into those in the starting line up.

Extra base: Any runner is well around should take the next base. Fast runners (15 speed) who are behind the lead runner should also try to move up. Runners who are fast should take an extra base if they are rounding and the OF arm is 32 or less. In the board game take extra base on 22 or more chances.

Bunt: Bunt runners in 8th or 9th and we are behind 3 or less, with runners on 1st or 1st and 2nd one or none outs and no steal opportunity.

With runner on third try to score on deep balls on the computer to OF arm 32 or less. Board game 22 chances.

Defense:

Not many moves. Casilla for Prado in the 9th or later when we lead.

Hold runners as per default rules. Throw for the lead runner unless the other runner is lead or tying run then throw for them.

Infield deep unless winning or tying run on third and less than 2 outs 8th or later.

When throwing keep the double play in order as much as possible.

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Pitching

Starters Rules

Never remove if pitching a shutout

never pitch more than 10 ip

Keep in until fatigued or pounded out

We have a round 600 RIP so don't feel you need to hold back, but at the same time get as much from the starters as possible

Outman, Ortiz and Aardsma are there to get us to the 5th if the starter is pounded out or the game gets out of hand late. Use would be 2 2/3 max in a game, In a series Outman gets 4IP the others 3IP max. Remove if we get within +4 or -4 if not pitching in the first five innings.

Crow, Perez and Wilhelmsen work the 5 to 6th. They are to be swapped around as most starters are LHP try to use to take advantage of shifts. As a group they should average around 1P per game.

7-9 De La Rosa, Webb, Varvaro, Ross and Lyons are the end of the bullpen. Varvaro and Ross can drop back and help in the 5-6th. De La Rossa and Webb are the l/r combo to finish games. Mix and match the whole group to get better match ups. Lyons should be there to soak up extra innings with his 11 relief fatigue.

Use your best judgment and I will adjust as needed

Batting Lineups

We will be using a first half second half idea this year, meaning when the one position player is finished we will adjust with the back up and pretty much no moves unless noted above.

| | 1 st Half | 2 nd Half |
|---|----------------------|----------------------|
| 1 | Fowler CF | Young LF |
| 2 | McLouth LF | Willingham DH |
| 3 | Prado 2B | Prado 2B |
| 4 | Jennings RF | Jennings CF |
| 5 | Gillaspie 1B | Gillaspie 1B |
| 6 | Chisenhall 3B | Polanco 3B |
| 7 | Arencibia C | Corporan C |
| 8 | Miller SS | Quintanilla SS |
| 9 | Young DH | McLouth RF |

Casilla is back up at 2b and SS

Prado moves to 3B for an injury Casilla moves in for Prado

Gillaspie/ Parmelee cover 1B

Catchers cover each other.

There should be an OF usually Willingham on the bench he can also move to DH

There should be a four or five man bench most months.

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| | G | PA | AB | S B | Pla t | BC | S P | 31 s | A R | ST | T H | PB | Defense |
|--------------------|-----|-----|-----|--------|----------|------------|--------|---------|--------|-----|--------|-----|--------------|
| J.P. Arencibia | 138 | 497 | 474 | 2 | SA0 | -1/-1 | 5 | 1 | 32 | C9 | +1 | PB2 | C7 |
| Alexi Casilla# | 62 | 125 | 112 | 11 | SA0 | -1/-1 | 17 | 2 | 30 | C31 | | | 2b8 SS8 |
| Lonnie Chisenhall* | 94 | 308 | 289 | 1 | SA5 | - 12/+1 | 9 | 2 | 32 | R26 | | | 3b4 |
| Carlos Corporan# | 64 | 210 | 191 | 0 | SA0 | 0/-2 | 6 | 1 | 31 | N | +0 | PB1 | C7 1B2 |
| Dexter Fowler# | 119 | 492 | 415 | 28 | SA0 | +3/-3 | 16 | 2 | 30 | D26 | | | OF2 |
| Conor Gillaspie* | 134 | 452 | 408 | 1 | SA5 | -14/1 | 9 | 2 | 30 | F14 | | | 3b3 1B3 |
| Desmond Jennings | 139 | 602 | 527 | 28 | SA2 | +4/-4 | 18 | 2 | 32 | D28 | | | OF3 |
| Ryan Ludwick | 38 | 140 | 129 | 0 | SA2 | +4/-3 | 9 | 1 | 30 | N | | | OF2 |
| Nate McLouth* | 146 | 593 | 531 | 37 | SA4 | -7/0 | 17 | 1 | 31 | D31 | | | OF3 |
| Brad Miller* | 76 | 335 | 306 | 8 | SA2 | -4/0 | 16 | 2 | 34 | E25 | | | SS8 2B7 3b3 |
| Chris Parmelee* | 101 | 333 | 294 | 2 | SA5 | -9/+1 | 6 | 1 | 33 | F20 | | | OF1 1B3 |
| Placido Polanco | 118 | 416 | 377 | 2 | SA3 | +5/-4 | 6 | 2 | 33 | R31 | | | 3b4 |
| Martin Prado | 155 | 664 | 609 | 8 | SA2 | +4/3 | 9 | 2 | 31 | D16 | | | 3b42b7ss6OF2 |
| Omar Quintanilla* | 95 | 359 | 315 | 2 | SA3 | -6/0 | 15 | 2 | 33 | R31 | | | ss8 3b3 |
| Josh Willingham | 111 | 471 | 389 | 1 | SA1 | 0/-2 | 5 | 1 | 32 | R26 | | | OF1 |
| Eric Young# | 148 | 598 | 539 | 57 | SA0 | -1/-1 | 19 | 2 | 29 | C31 | | | OF2 2B6 |

Jeter NC

“*” LHB

Switch hitter

Minors

| | |
|-----------|--|
| April | Quintanilla, Polanco, Ludwick, Lyons, Ortiz, Varvaro, Wilhelmsen, Maholm ,Cueto, Jeter |
| May | Quintanilla, Polanco, Ludwick, Crow, Aardsma, Perez, Webb, Cueto, Maholm Jeter |
| June | Quintanilla, Polanco, Ludwick, Outman, Ortiz, Varvaro, Wilhelmsen, Estrada ,Cueto, Jeter |
| July | Quintanilla, Polanco, Ludwick, Crow, Aardsma, Perez, Ross, Fowler, Jeter, Outman |
| August | Miller, Polanco, Ludwick, Fowler, Aardsma, Perez, Webb, Davis, Maholm Jeter |
| September | Miller, Chisenhall, Ludwick, Lyons, De La Rosa, Ortiz, Wilhelmsen, Cueto Jeter, Estrada |
| October | Miller, Chisenhall, Ludwick, Maholm, Gillaspie, Aardsma, Perez, Crow, Jeter, Ortiz |

For most months it will be 5 starters, 7 relievers and 13 players. Some months July and October will be 7 starters and maybe 5 relievers or perhaps 6 relievers and 12 players.

Good Luck Do not sweat this team or getting it perfect have fun

Jim

NW

Pitching information on next two pages

New Westminster Whiskeyjacks 2014 Instructions

| Pitcher | TM | SG | RG | CTL | HRA | STF | RF | G | GS | RIP | CHAR | HR | MF | WP | BK | HB |
|------------------|-----|----|-----|-----|-----|-----|----|----|----|-----|------|----|----|----|----|----|
| SABATHIA,CC* | NYN | 6 | | 14 | -13 | 31 | | 32 | 32 | 0 | Y | | 1 | 2 | | |
| ESTRADA,Marco | MIL | 10 | | 22 | -25 | 26 | | 21 | 21 | 0 | XZ | L | 0 | 2 | 0 | |
| MAHOLM,Paul* | ATL | 5 | | 13 | -12 | 28 | | 26 | 26 | 0 | | | 1 | 1 | 0 | |
| CUETO,Johnny | CIN | 15 | | 11 | -15 | 22 | | 11 | 11 | 0 | Y | L | 1 | 1 | 0 | |
| DAVIS,Wade | KC | 2 | | -24 | 14 | 28 | 7 | 31 | 24 | 10 | | | 1 | 3 | 0 | |
| KAZMIR,Scott* | CLE | 8 | | 13 | -11 | 24 | | 29 | 29 | 0 | X | | 0 | 2 | | |
| LOCKE,Jeff* | PIT | 12 | | -52 | 26 | 24 | | 30 | 30 | 0 | W | G | 2 | 3 | | |
| LYONS,Tyler* | STL | 7 | | 0 | 12 | 27 | 11 | 12 | 8 | 9 | Y | | 0 | 0 | 0 | |
| DE LA ROSA,Dane* | LAA | | 15* | -23 | 44 | | 6 | 75 | 0 | 72 | | G | 3 | 2 | 0 | |
| WEBB,Ryan | MIA | | 12* | 13 | 31 | | 7 | 66 | 0 | 80 | | G | 0 | 3 | 0 | |
| VARVARO,Anthony | ATL | | 11* | 0 | 43 | | 7 | 62 | 0 | 73 | | G | 0 | 3 | 0 | |
| OUTMAN,Josh* | COL | | 6* | -25 | 35 | | 6 | 61 | 0 | 54 | X | G | 0 | 3 | 0 | |
| ORTIZ,Joe* | TEX | | 7* | 33 | 0 | | 8 | 32 | 0 | 45 | Z | | 0 | 0 | 0 | 0 |
| AARDSMA,David | NYM | | 8* | -12 | -32 | | 6 | 43 | 0 | 40 | Y | L | 0 | 2 | | |
| CROW,Aaron | KC | | 10* | -25 | -11 | | 6 | 57 | 0 | 48 | Y | | 0 | 3 | 0 | |
| PEREZ,Oliver* | SEA | | 11* | -35 | 11 | | 6 | 61 | 0 | 53 | XYW | | 1 | 1 | 0 | |
| ROSS,Robbie* | TEX | | 10* | 15 | 34 | | 6 | 65 | 0 | 62 | YZ | G | 1 | 2 | 0 | |
| WILHELMOSEN, Tom | SEA | | 12* | -51 | 51 | | 6 | 59 | 0 | 59 | YW | H | 0 | 3 | 0 | |
| * LHP | | | | | | | | | | | | | | | | |

Total innings for Lyons is 53 only 9 of which are +5 eligible

Davis is innocuous

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| | | | | | | | | | | | | | | |
|-------|------|---|---|---|---|---|-----------|------|---|---|---|---|---|--|
| April | 19 | | | | | | August | 20 | | | | | | |
| 1-4 | @DAL | S | E | K | L | | 1-4 | @KNX | S | K | L | E | | |
| 6-8 | DET | D | S | E | | | 5-8 | @POR | C | S | K | L | | |
| 10-12 | BRO | K | L | D | | | 10-13 | GOH | E | C | S | K | | |
| 14-17 | CAY | S | E | K | L | | 14-17 | MLR | L | E | C | S | | |
| 19-23 | @GC | D | S | E | K | L | 18-21 | TAY | K | L | E | C | | |
| | | | | | | | | | | | | | | |
| May | 21 | | | | | | September | 20 | | | | | | |
| 1-5 | WHT | S | E | K | L | D | 3-5 | @DAL | K | S | L | | | |
| 6-9 | RYE | S | E | K | L | | 6-9 | DET | M | D | K | S | | |
| 11-14 | @KAN | D | S | E | K | | 10-13 | BRO | L | M | D | K | | |
| 15-18 | @NBO | L | D | S | E | | 14-17 | GC | S | L | M | D | | |
| 20-23 | @LV | K | L | D | S | | 19-23 | @RYE | S | K | L | M | D | |
| | | | | | | | | | | | | | | |
| June | 19 | | | | | | October | 22 | | | | | | |
| 1-4 | @DET | M | K | L | D | | 1-4 | @WHT | S | K | L | E | | |
| 6-8 | @BRO | S | M | K | | | 6-9 | @MAR | D | S | K | L | | |
| 9-11 | DAL | L | D | S | | | 10-14 | @CAY | E | D | S | K | L | |
| 12-16 | BH | M | K | L | D | S | 15-19 | FOG | E | D | S | K | M | |
| 18-21 | @FOG | M | K | L | D | | 20-23 | ZIO | E | D | S | C | | |
| | | | | | | | | | | | | | | |
| July | 21 | | | | | | November | 20 | | | | | | |
| 1-5 | @GOH | C | D | M | L | S | 2-6 | COL | K | L | M | S | C | |
| 6-9 | @COL | D | E | M | L | | 7-10 | @BH | E | K | L | M | | |
| 11-14 | MID | C | D | E | M | | 11-13 | @DET | S | C | E | | | |
| 15-18 | MUN | L | C | D | E | | 15-18 | @BRO | K | S | M | L | | |
| 19-22 | HUD | S | K | L | M | | 19-22 | DAL | C | K | D | S | | |

S- Sabathia

K Kazmir

L Locke

M Maholm

C Cueto

D Davis

E Estrada