



1999, 2011 and 2012 World Champions

**2014 Instructions MONTHY / Emergency Insturctions** Melrose will play the boards this year



Manager: Dennis Eckersley

Hitting Coach: Moises Alou 1<sup>st</sup> Base Coach: Roberto Alomar Bench Coach: Garret Anderson **Pitching Coach:** Kirk Rueter **3<sup>rd</sup> Base Coach:** Terry Pendleton **Bullpen Coach:** Billy Wagner

I think somebody at the draft said it best. "This the most talented 19 TQ team they've seen." There are no expectations this year as we rebuild for 2015 and hope the return of Cap and Wasp come with a playoff berth. As I right these instructions 2015 is looking like a lost year before 2014 even starts.

# **Roster:**

Minors (April)- Rob Brantly, Dan Uggla, Jamie Garcia, Ross Detwiler, Ryan Voglesong, Kevin Jepsen, Peter Borjous, Jonathan Broxton, Ryan Madson, Ryan Braun

Cuts- Raul Valdes, Josh Lueke, Eric Thames, Robert Andino, Kevin Youkilis, Mike Fiers, Andrew Werner, Jar Jurrjens, Mike Baxter, Robert Andino, Zach Duke Waiver-

**Expected Roster Moves-**

# **Offense:**

## Usage:

There are a lot of moving parts this year as most positions will need two players to complete the seasons. There are plenty of games but generally those that start will finish the games.

## Bench-

**DH-** *Lake* will cover 64 games. *De Aza* will play 80 games when Borjous or Braun start in CF. Soto will pick the remaining few games

1B- Adrian Gonzalez starts 157. Ed Lucas picks up the few remaining

2B- Anthony Rendon and Nick Franklin cover games. Who ever starts finishes the game

SS-Jose Iglesias is the regular for 109 games. Nick Franklin and Ed Lucas cover the rest.

3B- Todd Frazier plays every inning of 150 games. Ed Lucas picks up the remaining games

**C-** *Russell Martin* picks up 125 games, *Giovanny Soto* the rest. Brantly will be around in Nov incase a few starts are needed **OF-** *Alex Gordon* and *David Murphy* cover most of LF and RF respectively. CF will be a musical chairs of *Peter Borjous*, PED *Ryan Bruan* and *De Aza*. Who ever starts finishes the game



**Emergency Lineups (Lineups will be sent each month)** Lineups vs All:

**C8** Martin CF2 De Aza LF3 Gordon 1**B**5 Gonzalez **3B4** Frazier DH Lake **2B7** Rendon RF3 Murphy

Iglesias



## **Pinch Hitting:**

SS9

1. Don't

# **Pinch Running:**

1. Not this year

Stealing: Stealing takes priority over Hit & Run. There are few this year and some have very bad results

- 1. De Aza is the main SB threat can steal anytime after the  $4^{th}$  score +2 to -3 adjusted SSN >= 26 Max 2 / series
- *Gordon*, and *Martin* can steal second 7<sup>th</sup> or later adjusted SSN  $\geq 26$  and Score +1 to -1. Try to limit to 1 / series. Other players should steal 8<sup>th</sup> or 9<sup>th</sup> inning score-1 to 0 adjusted SSN  $\geq 25$ 2.
- 3.

### Hit and Run:

### Sacrifice:

- With <1 outs sacrifice with any weak batter 8<sup>th</sup> or 9<sup>th</sup> inn to move the tying or winning run over 1.
- Never Sac if H&R in order 2.
- 3. Never Squeeze! Never!

## **Runner Advancement:**

#### **Boards:** Use Adams table

Computer:	Go when runner is well around bag
	2 out F runner on second send them home
	2 out F runner on third send them home
	F runner on third <2 out on Fly Ball arm <=30 send runner

# **Defense:**

### **Substitutions:**

Not this year. The best starting 9 will usually be in every game. Don't look to sub unless an injury occurs

### Replacement/Injuries: Use first available

3B-Lucas	SS-Lucas/Franklin/Rendon 2B-Lucas/Uggla/Fran	klin 📉
1B-Lucas	Outfield-Lucas/Baxter C-Martin/Soto/Brantly	-

## Infield:

- <2 out tying or winning run on third 7<sup>th</sup> inn or later infield should play in. Infield plays back all other times. 1.
- 2. Always hold runner on  $1^{st}$  adjusted SSN > 14. Don't hold N's
- Pitch from stretch if runner on third is eligible to steal home SSN >15 7<sup>th</sup> or later 3.

<sup>1.</sup> Anybody with 2 31's and not an N on first base. Use at will.

# **Pitching:**

Melrose starters are the strength of team, which should scare no one. There are 143 starts of 7 or better including 38 starts 14 and above. The remaining 19 will be the innocuous Detwiler

- 1. Never remove a starter if pitching a shutout
- 2. No starter pitches more than 11.2 innings. Even if pitching a shutout
- 3. The Starters
  - 3.1. Get as many innings from the starters as you can
  - 3.2. In the 8<sup>th</sup> and 9<sup>th</sup> look to multiple relievers to finish the game





# **Relievers:**

This year's bunch sports 489 innings without a grade above 12, except 6.7 innings of Ogando. The starters should go until they are pounded out or until the  $8^{th}/9^{th}$  inning. If the score is +3 to -2 look to the pen to finish the game. There should be 7 relievers up. Use them for one batter at a time if necessary.

Rule 1 – *Jamey Wright*- part of the over-the-hill-gang but the best grade. Treat him as the closer. Rule 2- *Kevin Jepsen* - When up his grade 5\* is the mop up Rule 3- All other relievers are interchangeable. Use them as you feel best.

Note- When not starting Tyson Ross will be in the pen.





# '14 Melrose Avenger's Pitching Rotation

	V=Voglesong							
	M=Medlen (31)	O=Ogando (18)	P=Peralta (32)	Px=Paxton (4	•)			
L=Lester (33)		G=Garcia (9)	D= Detwiler (19)	R=Ross (19)				
April <sup>20</sup>			August <sup>20</sup>					
1-4	@MUN	Px1, O1, M1, L1	1-4	GC	G1,M17,L17,P17			
(5)		(DAY OFF)	5-8	FO	R14,G2,M18,L18			
6-8	ZIO	P1, Px2, O2	(9)		(DAY OFF)			
(9)		(DAY OFF)	10-13	BH	P18,R15,G3,M19			
10-13	HUD	M2, L2, P2, Px3	14-17	@NW	L19,P19,R16,G4			
			18-21	@CAY	M20,L20,P20,R17			
14-17	POR	O3, M3, L3,P3	(22)		(DAY OFF)			
(18)		(DAY OFF)						
19-23	@MAR	Px4, O4,M4,L4, P4	September <sup>19</sup>	)				
(24)		(DAY OFF)	3-5	@MUN	G5,M21,L21			
			6-9	ZIO	P21,D1,G6,M22			
MAY <sup>21</sup>			10-12	HUD	L22,P22,D2			
1-5	MID	R1, O5, M5.L5,P5	(13)		(Day Off)			
6-9	KAN	R2,O6,M6,L6	14-17	MAR	G7,M23,L23,P23			
(10)		(DAY OFF)						
11-14	@DAL	P6,R3,O7,M7	18-22	@KAN	D3,G8,M24,L24,P24			
15-18	@GOH	L7,P7,R4,O8						
(19)		(DAY OFF)	October <sup>22</sup>					
20-23	@BRO	M8,L8,P8,R5	1-4*	@POR	D4,V1,M25,L25,Wr1			
			(5)		(Day Off)			
			6-9	@MID	P25,D5,V2,M26			
June <sup>19</sup>			10-14	TAY	L26,P26,D6,V3,M27			
1-4	@ZIO	O9,M9,L9,P9						
(5)		(DAY OFF)	15-18	NBO	L27,P27,D7,V4			
6-8	@HUD	R6,O10,M10	(19)		(Day Off)			
9-11	MUN	L10,P10,R7	20-23	@DET	M28,L28,P28,D8			
12-16	KNX	O11,M11,L11,P11,R8	November <sup>23</sup>					
(17)		(Day Off)	(1)		(DAY OFF)			
18-21	@TAY	O12,M12,L12,P12	2-6	LV	L29,R18,M29,P29,D9			
	Ŭ		7-10	@KNX	L30,R19,M30, P30			
			11-13	@ZIO	D10,L31,O17			
July <sup>21</sup>			(14)		(DAY OFF)			
1-5	@NBO	R9,O13,M13,L13,P13	15-18	@HUD	M31,L32,P31,D11			
6-9	@LV	R10,014,M14,L14	19-22	MUN	O18,G9,L33,P32			
(10)		(DAY OFF)	(23)		(DAY OFF)			
11-14	COL	P14,R11,O15,M15						
15-18	WHT	L15,P15,R12,O16						
19-22	RYE	M16,L16,P16,R13						
(23)		(DAY OFF)						





Paxton, James Ogando, Alexi Ross, Tyson Medlen, Kris Lester, Jon Garcia,	SEA Tex SD	22XZ 14	24 -26	21 16	4	4		24		L	0	Yes	0	1	Yes	5-11
Ogando, Alexi Ross, Tyson Medlen, Kris Lester, Jon Garcia,		14	-26	16												
Ross, Tyson Medlen, Kris Lester, Jon Garcia,	SD		1	10	23	18	6.7	22	7	R	+2		3	2	Yes	8-10
Medlen, Kris Lester, Jon Garcia,		14/*9X	-15	25	30	19	31	24	9	R	+2		3	1	Yes	
Lester, Jon Garcia,	ATL	10YZ	22	12	32	31		26		R	+1		1	1	Yes	
Garcia,	Bos	9Y	11	22	33	33		28		L	0		2	1	Yes	
Jamie	STL	8Y	14	-12	9	9		27		L	+2	Yes	3	2	Yes	1-7,10
Peralta, Wily	Mil	7	-24	0	32	32		27		R	+1		3	1	Yes	
Detwiler, Ross	Wash	2Z	35	26	13	13		26		L	0		0	2	Yes	1-8
Vogelsong, Ryan	SF	1	-13	-21	19	19		30		R	+1		2	2	Yes	1-9
	KC	12*XW	-52	41	66		60		6	L	0	Yes	0	2	Yes	<u> </u>
Tim Strop,	CHC	10*XYW	-32	22	66		57		6	R	+1		3	2		
	Chwsx	10*XY	-13	33	70		78		7	R	0		3	2		-
Nate Pressly, Ryan	MIN	10*	-15	33	49		76		8	R	+1	Yes	3	2	Yes	
Parra,	CIN	12XY	-15	-13	57		46		6	L	0		3	2	Yes	
Manny Jespen, Kevin	LAA	12*YG	16	33	49		44.7		6	R	0		2	1	Yes	Minors
Broxton, Johnathan	Cin	12*Y	-12	-16	34		30		6	R	0		0	2	Yes	Minors
Wright, Jamey	ТВ	12*X	13	35	66	1	70		7	R	0		3	2	Yes	
Madson, Ryan		(UNC)														All
Edgin, Josh	NYM	9*	-12	24	34		28		6	L	0	Yes	0	1	Yes	
Name	Team	Field	Gs	PAs	SBA .	Bats	SSN	ARM	Spd	BC	SA	H&R				Minors
Braun,	Mil	OF3	61	1 /13	9	R	18	31	F15	PL +7/	PL-3	man				Minors
Ryan Murphy,	Tex	OF2	142		5	L	9	33	8	-5 SA -	SA-3	Yes				
David Gordon,	KC	OF3	156		14	L	30	34	13	5/0 SA	SA-0					
Alex De Aza	Chwsx	OF2	153		28	L	28	31	F15	+4/-4 SA	SA-0	Yes				<u> </u>
Bourjos,	LAA	OF3	55		6	R	35	33	F18	+3/-3 SA -2/-	SA-0	Yes				Minors
Peter Lake,	Cubs	OF1	64		8	R	20	33	F15	1 SA -2/-	SA-0	Yes				WIIIOIS
Junior Franklin,	Sea	2B7/SS7	102		7	S	33	30	113	+8/-5 SA -	SA-0	103				<b></b>
Nick Uggla,	Atl	286	136		2	R	31	30	12 S6	4/0 PL-3/-1	PL-1					All
Dan		1B5	150		2	L	26	30	50 S4	PR -3/0	PR-2					All
Gonzalez, Adrian	LAD	185	157		1	L	20	31	54	PK -3/0	PK-2					
Frazier,	Cin	3B4/OF1	150		11	R	22	33	9	SA	SA-1	Yes				
Todd Rendon,	Wash	2B7/3B3/SS6	98		2	R	20	33	12	+1/-2 SA	SA-2	Yes				<u> </u>
Anthony Inglesias,	Det	SS9/3B5/2B7	109		7	R	28	36	F15	+4/-3 SA +1/	SA-1	Yes				<u> </u>
Jose Lucas, Ed	Mia	3B4/1B3/2B7/SS7/OF1	94		2	R	20	32	9	-2 SA	SA-4	Yes				<u> </u>
	FLA	C7 +1 PB3	67		0	L	20	33	S6	+10/-6 SA -13	SA-5					All
	NYY	C8 +5 PB1/3B3/OF1	127		14	R	25	33	8	/ +1 SA - 4/0	SA-0					<u> </u>
Rob Martin, Russell		1														

Roster note- Month in Minors list by month #, Starts means begins April in Minors