

New Westminster Whiskeyjacks 2013 Instructions
Manager Bob Gibson

Mood Statement

This is a team that developed chemistry very quickly and looks to be in the mix for a ninety win season. We are long on home run hitters, quick on the bases and solid in the pitching department. We won over 100 games with less talent. We will look for our power to lead us and pitching to save us. Have fun and good luck

		BG	POS	D	B	CG	HR	SP	STL	ARM	TH	PB	GP	PA	SBA	Other
Arencibia	TOR	1/-2	C	7	R	A-1	1	5	R26	32	-2	2	102	372	1	
Casilla	MIN	5/-3	2B	8	B	A-0	2	17	D35	30			106	326	22	3B-3
Corporan	HOU	-6/3	C	6	B	A-0	1	6	D14	31	0	2	27	85	1	
Cruz	STL	-8/3	C	7	R	A-0	2	10	D14	32	+1	2	51	131	1	1B-2
Espinosa	WAS	2/-3	2B	8	B	A-0	1	15	D30	33			160	658	26	SS-8
Felder (PR)	DET	-7/2	1B	3	L	R-5	1	6	R26	29			162	690	1	
Fowler	COL	-1/-1	OF	2	B	A-0	2	17	E27	33			143	530	17	
Jennings	TB	1/-2	OF	3	R	A-1	2	18	D35	32			132	563	33	
LaHair	CHC	-23/2	1B	3	L	A-5	2	7	F26	30			130	380	6	OF-1
Lillibridge	CLE	0/-2	OF	3	R	A-1	2	16	C33	33			102	209	15	1B4,266,3B3,SS6
Ludwick	STL	0/-2	OF	2	R	A-1	1	9	G14	30			125	472	1	
McLouth	BAL	-7/1	OF	3	L	A-4	1	17	E35	31			89	298	13	
Plouffe	MIN	4/-4	3B	3	R	A-2	1	12	C11	33			119	465	4	1B-2, 2B6,SS6,OF1
Prado	ATL	2/-3	OF	2	R	A-2	2	14	E31	31			156	690	21	1B-3,2B7,3B4,SS7
Ramirez	LAD	0/-2	3B	3	R	A-1	2	15	D29	36			157	667	28	SS7
Snyder	TEX	5/-9	1B	2	R	A-4	1	8	N00	31	-4	3	40	69	0	C6,3B3,OF1
Young	COL	6/-4	OF	2	B	A-0	2	19	D34	29			98	196	16	

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Line Ups

1	Young DH	Young LF	Jennings RF
2	Prado RF	Prado RF	Prado 3B
3	Fowler CF	Fowler CF	Fowler CF
4	Fielder 1B	Fielder 1B	Fielder 1B
5	Ludwick LF	Ramirez SS	Ludwick LF
6	Ramirez SS	LaHair DH	LaHair DH / Young / Snyder
7	Plouffe 3B	Plouffe 3B	Ramirez SS
8	Arencibia C	Arencibia C	Arencibia C
9	Espinosa 2B	Espinosa 2B	Espinosa 2B

Offense

Stealing Straight steal late(7th or later when a run matters) is Jennings, Casilla, Ramirez, Espinosa, Fowler, and Prado 25+ chances . One per series.

Hit and Run. The above steal runners plus Young, LaHair and Lillibridge and the batter is legal (2 H&R). Anytime legal in the first six innings. After that only when behind.

Base Running we have some speed so please use it especially for the trailing runner when the throw is for the lead runner that would be the 15 or faster guys. Always send when well around or if he is rounding and 16 + speed he goes as well. On the boards 23+ chances for any runner.

Pinch run for slow less than 6 speed when it means something and we are behind and in the 7th or later. This includes Fielder and Ludwick. Usually Jennings, Casilla, McLouth etc. Pinch run with an eye to the defensive replacement where possible. Use injury table as a guide and defensive replacements if we end up leading.

Defensive replacements these are progressive so if we lead in the ninth for the first time they should all be executed for the ninth.

When ahead in the 7th or later move Prado to 3rd and Jennings to Prado's spot

When ahead in the 8th or later Espinosa to SS, Casilla to 2B, MClouth in for Ludwick

Pinch Hit for LaHair against LHP use Snyder as DH.

Defense

Keep double play in order when ahead anytime in the game. Cut off throws if lead runner is well around. Infield in less than two outs and no double play 7th or later. Play back if DP gets us out of the inning.

Holding as per game default.

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Injury Replacement

For the most part Prado is the go to guy for most injuries and then bring in a spare outfielder either Jennings, McLouth or Lillibridge as needed to cover the outfield.

1B Prado, Plouffe, LaHair if on the bench, Snyder

2b Cassilla, Prado

3B Prado, Snyder, Ramirez (Espinosa to SS and Casilla to 2B)

SS- Espinosa (Casilla SS), Prado Plouffe

OF Jennings, McLouth, and Lillibridge

C the spare for the month.

Name	Team	ST	Rel	CTL	HR	FAT	Rfat	GS	RIP	Kct	HR	MF	WP	HB	BK
ARREDONDO,Jose	CIN		15*	-61	11		6	0	61.0	XW		+1	3		
COOK,Ryan	OAK		22*	-14	36		6	0	73.3	XY	G	+1	3		0
CORREIA,Kevin	PIT	7		21	12	26	14	28	10.3	Z		+1	1		0
CROW,Aaron	KC		12*	-12	35		6	0	64.7	X	G	+2	3		0
CUETO,Johnny	CIN	11		26	26	27		33	0.0	YZ	G	+3	1		
DAVIS,Wade	TB		18*	-32	32		7	0	70.3	XYW	G	+1	2	0	0
DEMPSTER,Ryan	TEX	12		11	0	26		28	0.0	Y		0	1		
ESTRADA,Marco	MIL	10		25	15	23	8	23	9.0	XZ	L	0	2	0	
GRAY,Jeff	MIN		4*	-26	22		7	0	52.0		L	0	3		
MAHOLM,Paul*	ATL	10		15	0	25	6	31	1.0			+3	2		0
MELANCON,Mark	BOS		3*	22	24		7	0	45.0	YZ	L	+3	3		0
PEREZ,Oliver*	SEA		14*	14	52		6	0	29.7	Y	H	+1	3	0	0
PETTITTE,Andy	NYN	13		13	13	25		12	0.0	X		+3	1	0	0
RAPADA,Clay*	NYN		16*	-41	42		4	0	38.3	XW	H	+1	2		
ROSS,Robbie	TEX		15*	-11	44		7	0	65.0	Y	H	+2	1		
SIMON,Alfredo	CIN		10*	-12	51		9	0	61.0	Y	H	+1	3		0
STULTS,Eric	SD	12		14	26	25	9	15	7.3		G	0	1		
WILHELMOSEN, Tom	SEA		16*	-14	35		6	0	79.3	XY	G	0	3		0

Left Handed *

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PITCHING

Most of the starters are in the 25-27 range with Estrada at 23 for fatigue. The goal is to get a solid 5 innings every time out and to only remove before then if the starter is reduced. Hopefully starters can get into the 6th or later before hitting the fatigue. If the starter is throwing a shutout, keep him in past his fatigue then keep him in until he gives up the first run.

Relievers

Typically there will be 11 pitchers each month with 5 starters and 6 relievers. There should be one long / early reliever, a closer, a set up, at least one lefty and one multi role pitcher. Depending on who is up the monthly instructions will detail specific roles if different than below. You will notice there is an overlap in the instruction for the 7th inning and that means use anyone to bridge the gap to the 8th if we lead. Limits on relievers means need to rotate through some guys to make everything legal so don't worry, these are primary roles but as the three day rule and 2 2/3 rules need to be observed do what you can,

CLOSER: Ryan Cook is there for one reason to close out games. His role is to finish the game if we lead. He can enter games if the batter at the plate or on the on deck circle is the winning or tying run. He can enter the game in the eighth with one out if a crisis develops. Wilhelmsen and Ross can also step in when needed.

Inning 7-8. The following pitcher can come into the game in this range: Wilhelmsen and Ross. They should let the previous pitcher fatigue and then enter the game. They should hand it over to Cook when it is close and if it gets out of hand hand it over to a lesser grade pitcher.

Inning 6-7 Davis, Arredondo, Crow, and Simon. These guys finish off the inning for the starter if we are ahead or behind by three or less. If the game situation doesn't change they can pitch till fatigue. If they get in trouble move in the next set of pitchers for 7-8.

Lefties. We have Rapada and Perez. Sometimes they will be up together. Use them to spot troublesome lefties in the order. You can use both in one game. Perez should be used on the best lefty and can be left in to get two lefties to a max of 4 batters. Rapada does have control issues and should be more of a one batter use.

Long/mop Simon, Crow, Melancon, and Grey these guys are there to hold games when behind three or more or when up by 5 or more. Use as needed.

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April	20						August	20					
1-4	Det	CUE	MAH	DEM	COR		1-4	TAY	DEM	EST	CUE	MAH	
6-8	@Dal	EST	CUE	MAH			5-8	MAR	COR	DEM	EST	CUE	
10-13	@Bro	DEM	COR	EST	CUE		10-13	LV	MAH	COR	DEM	EST	
14-17	@GOH	MAH	DEM	COR	EST		14-17	@ZIO	CUE	MAH	COR	DEM	
19-23	RYE	CUE	MAH	DEM	COR	EST	18-21	@POR	EST	CUE	MAH	COR	
May	21						September	19					
1-5	GC	CUE	MAH	DEM	COR	STU	3-5	DET	CUE	MAH	DEM		
6-9	@HUD	CUE	MAH	DEM	COR		6-9	@DAL	PET	COR	CUE	MAH	
11-14	@NBO	STU	CUE	MAH	DEM		10-12	@BRO	DEM	PET	COR		
15-18	@MUN	COR	STU	CUE	MAH		14-17	@RYE	CUE	MAH	DEM	PET	
20-23	BH	DEM	COR	STU	CUE		18-22	CAY	COR	CUE	MAH	DEM	PET
June	19						October	22					
1-4	DAL	CUE	MAH	DEM	PET		1-4	GOH	CUE	MAH	DEM	EST	COR
6-8	BRO	EST	CUE	MAH			6-9	MID	CUE	MAH	DEM	EST	
9-11	@Det	DEM	PET	EST			10-13	@MLR	STU	CUE	MAH	DEM	
12-16	@LV	CUE	MAH	DEM	PET	EST	15-18	@GC	EST	STU	CUE	MAH	
18-21	WHT	CUE	MAH	DEM	PET		19-23	@BH	DEM	EST	STU	CUE	MAH
								2					
July	21						November	20					
1-5	@Col	CUE	MAH	STU	COR	EST	2-6	@WHT	DEM	EST	STU	PET	MAH
6-9	@Cay	CUE	MAH	STU	COR		7-10	COL	DEM	EST	STU	PET	
11-14	FO	EST	CUE	MAH	STU		11-13	DAL	MAH	CUE	DEM		
15-18	KAN	COR	EST	CUE	MAH		15-18	BRO	EST	STU	PET	CUE	
19-22	KNX	STU	COR	EST	CUE		19-22	@Det	DEM	EST	STU	PET	

CUE- Cueto COR Correia EST Estrada
 MAH Maholm STU Stults
 DEM Dempster PET PETTITTE

Minors: April Lillibridge, Corporan, LaHair Simon, Pettitte, Stults, Gray, Arredondo, Rapada and Melancon

Plouffe down May and June

Fowler down September

Ludwick October

Arencibia July, August, September

Pitchers as per monthly instructions

Jim

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