

Melrose AVENGERS



1999, 2011 and 2012 World Champions

2013 Instructions

MONTHLY / Emergency Instructions

Melrose will play the boards this year



Manager: Dennis Eckersley

Hitting Coach: Moises Alou

1st Base Coach: Roberto Alomar

Bench Coach: Garret Anderson

Pitching Coach: Kirk Rueter

3rd Base Coach: Terry Pendleton

Bullpen Coach: Billy Wagner

This year the team is taking a step backwards to regroup and hopefully get a bit younger. There is plenty of relief, a few innocuous starters and lots of base runners. Most of us will be in the Bahamas for the season. Have fun- Cap.

Roster:

Minors all season- Ryan Madson, Josh Lueke, Jar Jurrjens

Cuts- Scott Linebrink, Brad Lidge, Joey Devine, Hong-Chih Kuo, Justin Sellers, Alberto Gonzales, Aaron Cook, Tony Abreu, Joe Patterson, Ryan Kalish

Waiver-

Expected Roster Moves-

June- Medlen, Fiers Down, Werner, Garcia Up

August- Ross Down, Fiers Up

October- Werner Down, Ross Up

November- Everybody Up

Offense:

Usage:

There are very few lineup changes this year. The DH role is a half season of Baxter and a weak tandem of Youkilis and Thames. While they form a platoon Youkilis has only 88 games at DH as he fills missing games at 3B. Many days the Lefty will have to take his lumps with a big shift. I will attempt to send lineup for every series

Bench-

The bench will only come into play if an injury happens. There is nothing here. Look elsewhere

DH- Baxter will start 73 games with backup from Thames and Youkilis. Youkilis can play 88 games at DH will be the starter vs LHP and some others. I expect whoever starts at DH to go the distance

Util- Andino will cover the missing games at 2B/3B/SS and serve as injury replacement. Green will play the missing games at 1B. I expect the November lineup both to appear.

OF- Baxter will cover 16 missing games in the OF. Bourjos is expect to be in the minors till November and not available for defense. The theory is the starters go the distance

C- Brantly will make 31 starts behind the plate, Martin the rest. Soto will be up when Brantly usage runs out.



Emergency Lineups

Lineups vs RHP:

LF 3 Gordon
RF2 Murphy
1B5 Gonzalez
CF3 Braun
3B3 Frazier
DH Baxter
2B7 Uggla
SS9 Rollins
C8 Martin

Linedup Vs LHP

LF 3 Gordon
RF2 Murphy
1B5 Gonzalez
CF3 Braun
3B3 Frazier
DH Youkilis
2B7 Uggla
SS9 Rollins
C8 Martin



Pinch Hitting:

1. Don't

Pinch Running:

1. Not this year

Stealing: Stealing takes priority over Hit & Run.

1. **Braun**, and **Rollins** are the main SB threat can steal anytime after the 4th score +2 to -3 adjusted SSN ≥ 26 Max 2 / series
2. **Gordon**, and **Murphy** can steal second 6th or later adjusted SSN ≥ 26 and Score +1 to -1. **Try to limit to 1 / series.**
3. Other players should steal 8th or 9th inning score -1 to 0 adjusted SSN ≥ 25

Hit and Run:

1. **Murphy**, **Rollins**, **Andino**, **Green**, and **Brantly** can Hit & Run any eligible batter, runner not an N, pitcher control +21 or better

Sacrifice:

1. With <1 outs sacrifice with any weak batter 8th or 9th inn to move the tying or winning run over
2. Never Sac if H&R in order
3. Never Squeeze! Never!

Runner Advancement:

Boards: Use Adams table

Computer: *Go when runner is well around bag*
2 out F runner on second send them home
2 out F runner on third send them home
F runner on third <2 out on Fly Ball arm ≤ 30 send runner

Defense:

Substitutions:

Not this year. The best starting 9 will usually be in every game

Replacement/Injuries: Use first available

3B-*Andino/Green* SS-*Andino* 2B-*Andino/Green*
1B-*Youkilis/Green* Outfield-*Baxter/Bourjos/Thames* C-*Soto/Brantly*

Infield:

1. <2 out tying or winning run on third 7th inn or later infield should play in. Infield plays back all other times.
2. Always hold runner on 1st adjusted SSN > 14 . Don't hold N's
3. Pitch from stretch if runner on third is eligible to steal home SSN > 15 7th or later



Pitching:

Melrose starters will be challenged this year. Outside of Medlen, Fiers, and Voglesong the bullpen will be busy. All our starters have a low fatigue. The challenge will be getting them through 7 inns. All rules below apply to all Starters;



1. Never remove a starter if pitching a shutout
2. No starter pitches more than 11.2 innings. Even if pitching a shutout
3. **Medlen**
 - 3.1. Should try for 7
 - 3.2. He can be fatigued twice if Melrose leads by +2
 - 3.3. If leading by +5 or more can pitch after fatigued
4. **Voglesong, Peralta, Fiers**
 - 4.1. Try for 6 innings
 - 4.2. Score +1 or -2 after 5th remove
 - 4.3. Remove after 7th we lead by <+5
 - 4.4. Remove when fatigued
5. **The Rest**
 - 5.1. Try for 6 innings
 - 5.2. Score +1 or -2 after 5th remove
 - 5.3. Remove after 7th we lead by <+5
 - 5.4. The pen will be heavily used with these guys



Relievers:

This year's bunch sports 580 innings with only 31 innings closer grade. Below are guide lines for usage. I will never fault a manager for using what they feel is their best judgment.

Valdes- an 18 LH with -11 homer rating. Should only pitch the ninth for the save. If lineup loaded with LH killers go to Strop

Strop- Can be used as closer. Look for him in the 8th or 2 out in the 7th. With nearly 70 innings he can pitch 1.2 per outing

Jespen/Brozton/Jones/Ogando/Medlen- 283 innings of RH relief they will get the bulk of the work. **Medlen** will join this bunch when not starting. Only Ogando has a negative HR rating and should be used with care.

Collins- The LH setup. Use for more than 1 batter at time. A good choice is against a lineup without the LH killer

Wright/Ross- Mopup...blow outs. When the starters get pounded out early who are you going to call..... Ross can be used when not starting



'13 Melrose Avenger's Pitching Rotation

M=Medlen (12)

V=Voglesong (30)

P=Peralta (5)

F=Fiers (22)

L=Lester (33)

G=Garcia (20)

W= Werner (17)

R=Ross (24)

April ¹⁹

1-4 MUN M1, V1, L1, F1
(5) (DAY OFF)
6-8 @ZIO R1,M2,V2
(9) (DAY OFF)
10-12 @HUD L2,F2,R2
(13) (Day OFF)
14-17 @KAN M3,V3,L3,F3
(18) (DAY OFF)
19-23 MAR R3,M4,V4,L4,F4
(24) (DAY OFF)

MAY ²¹

1-5 NBO R4,M5,V5,L5,F5
6-9 FO R5,M6,V6,L6
(10) (DAY OFF)
11-14 @CAY F6,R6,M7,V7
15-18 @WHT L7,F7,R7,M8
(19) (DAY OFF)
20-23 @GC V8,L8,F8,R8

June ¹⁹

1-4 ZIO G1,V9,L9,W1
(5) (DAY OFF)
6-8 HUD R9,G2,V10
9-11 @MUN L10,W2,R10
12-16 @MID G3,V11,L11,W3,R11
(17) (Day Off)
18-21 TAY G4,V12,L12,W4

July ²⁰

1-5 @KNX R12,G5,V13,L13,W5
6-9 BRO R13,G6,V14,L14
(10) (DAY OFF)
11-14 COL W6,R14,G7,V15
15-18 DET L15,W7,R15,G8
19-22 @POR V16,L16,W8,R16
(23) (DAY OFF)

August ¹⁹

1-4 @GOH F9,G9,V17,L17
5-8 @LV W9,F10,G10,V18
(9) (DAY OFF)
10-13 @RYE L18,W10,F11,G11
14-17 BH V19,L19,W11,F12
18-21 DAL G12,V20,L20,W12
(22) (DAY OFF)

September ²⁰

3-5 MUN G13,L21,F13
6-9 @ZIO V21,W13,G14,L22
10-13 @HUD F14,V22,W14,G15
14-17 @NBO L23,F15,V23,W15
(18) (DAY OFF)
18-22 KAN G16,L24,F16,V24,W16

October ²²

1-4 KNX R17,L25,F17,V25
5-9 POR G17,R18,L26,F18,V26
10-13 NW G18,R19,L27,F19
(14) (Day Off)
15-19 @TAY V27,G19,L28,R20,F20
20-23 @MAR V28,G20,L29,R21

November ²⁰

(1) (DAY OFF)
2-6 @FO P1,M9,L30,F21,R22
7-10 MID P2,W17,M10,L31
11-13 ZIO F22,P3,V29
(14) (DAY OFF)
15-18 HUD L32,M11,P4,V30
19-22 @MUN R23,L33,M12,P5
(23) (DAY OFF)



<i>Name</i>	<i>Team</i>	<i>Grade</i>	<i>CTL</i>	<i>HR</i>	<i>G</i>	<i>GS</i>	<i>RIP</i>	<i>STF</i>	<i>RF</i>	<i>Throws</i>	<i>Move</i>	<i>HBO</i>	<i>WP</i>	<i>FLD</i>	<i>BKO</i>	<i>Minors</i>
Medlen, Kris	ATL	22/13*XZG	33	42	50	12	54.3	26	8	R	+1		1	2	Yes	6-10
Prealta, Wily	Mil	15YWH	-33	62	6	5		22		R	+3	Yes	3	1	Yes	4-10
Voglesong, Ryan	SF	11Y	12	15	30	30		25		R	+2		1	2	Yes	
Fiers, Mike	Mil	9X	14	14	23	22		25		R	0		2	1	Yes	6,7
Lester, Jon	Bos	6Y	-11	0	33	33		29		L	0		2	2	Yes	
Garcia, Jamie	STL	6YZ	23	25	20	20		27		L	+2	Yes	3	2		4,5
Werner, Andrew	SD	3Y	0	-12	17	17		27		L	0		2	1		4,5,10
Ross, Tyson	OAK	1WG	-35	24	28	24	52	30	8	R	0		2	2		8,9
Jurrijens, Jar		(UNC)														All
Valdes, Raul	Phil	18*KZ	41	-11	27	1	31	9	6	L	+3	Yes	0	1	Yes	
Strop, Pedro	Bal	17*YWH	-62	53	69		66.7		6	R	+2		3	1	Yes	
Jones, Nate	Chwsx	14*YWG	-33	41	65		71		7	R	0		3	2	Yes	
Ogando, Alexi	Tex	14*X	16	-15	58	1	66	9	6	R	0		3	2	Yes	
Collins, Tim	KC	14*XY	-24	11	71		69.3		6	L	0		3	2	Yes	
Jespen, Kevin	LAA	12*YG	16	33	49		44.7		6	R	0		2	1	Yes	Start
Broxton, Johnathan	Cin	12*YH	12	51	60		58		6	R	+1		0	2	Yes	
Wright, Jamey	LAD	7*H	-12	53	66		67.7		7	R	0		2	1	Yes	
Madson, Ryan		(UNC)														All
Lueke, Josh		(UNC)														All
<i>Name</i>	<i>Team</i>	<i>Field</i>	<i>Gs</i>	<i>PAs</i>	<i>SBA</i>	<i>Bats</i>	<i>SSN</i>	<i>ARM</i>	<i>Spd</i>	<i>BC</i>	<i>SA</i>	<i>H&R</i>				<i>Minors</i>
Braun, Ryan	Mil	OF3	154		37	R	31	31	F16	PL +7/ -4	PL-3					
Murphy, David	Tex	OF2	147		15	L	26	33	8	SA -2/ -1	SA-1	Yes				
Gordon, Alex	KC	OF3	161		15	L	26	32	13	SA -9/ +3	SA-5					
Baxter, Mike	Nym	OF2	89	211	8	L	25	30	10	SA -13 /+1	SA-5	Yes				
Bourjos, Peter	LAA	OF3	101		4	R	29	33	F18	SA -1/ -1	SA-0	Yes				All
Thames, Eric	Sea	OF1	86		2	L	20	30	S6	SA -2 /-1	SA -1					
Ugгла, Dan	Atl	2B7	154		7	R	23	30	8	PL 0/ -2	PL-1					
Gonzalez, Adrian	LAD	1B5/OF1	159		2	L	31	31	S4	PR 0 /-2	PR-0					
Youkilis, Kevin	Chwsx	3B4/1B4	122		0	R	N	32	S6	SA +5 /-4	SA-3	Yes				
Rollins, Jimmy	Phil	SS9	156		35	S	33	35	F16	SA -7/ +1	SA-0	Yes				
Frazier, Todd	Cin	3B3/1B3/OF1	128		5	R	24	33	9	SA 0/ -2	SA-1					
Green, Taylor	Mil	1B2/2B6/3B3	58	117	0	L	N	30	7	PR -3/ -1	PR-1	Yes				All
Andino, Robert	Bal	2B7/3B4/SS8	127	431	10	R	20	32	F15	SA 0/ -2	SA-1	Yes				
Brantly, Rob	FLA	C7 -4 PB3	31	113	2	L	20	33	S6	SA -10 /+2	SA-5	Yes				
Martin, Russell	NYN	C8 -2 PB2	133		7	R	33	33	8	SA +6 /-4	SA-3					
Soto, G	Tex	C7 -3 PB1	99		1	R	26	32	S6	SA +2 /-3	SA-2					Starts

Roster note- Month in Minors list by month #, **Starts** means begins April in Minors